



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

June 2022

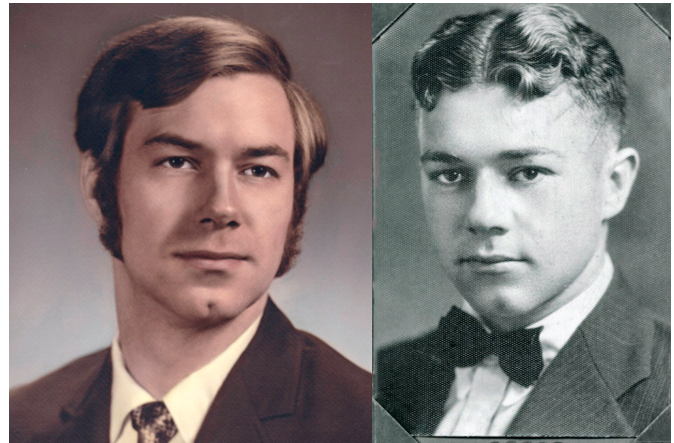
Celebrating



In this issue we celebrate fathers and our gratitude for what they have brought into our lives. You will find photos of our residents who are dads or are in pictures with their dads.



Mearl, his mother, son and daughter's family



Jim and his father Carl



Ruth, her father Wilbur and son Rob



Sharon and her father Woody

RESIDENT FATHER PHOTOS

From the first page through the last, you will find some photos of fathers.

JUNE EVENTS

Activities and calendar for June...pp. 3-7

BOOK GROUP

Residents will discuss *Deacon King Kong* by James McBride....p. 5



Ruth, Wayne's father Wayland, and Wayne



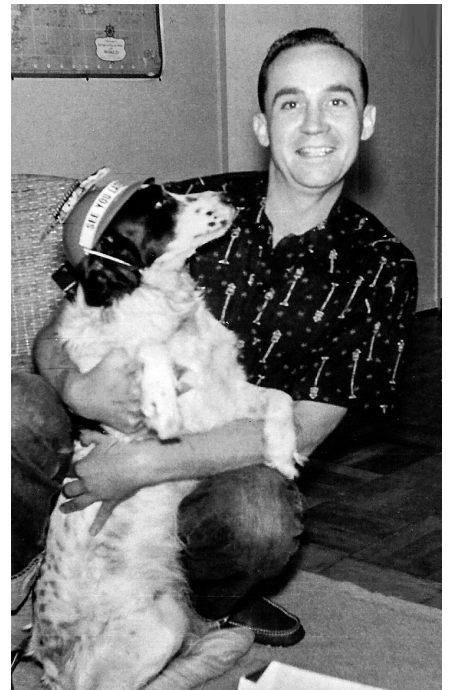
Lyn and her dad Jack



Phyllis W. and father Orville



Ed S. and his family



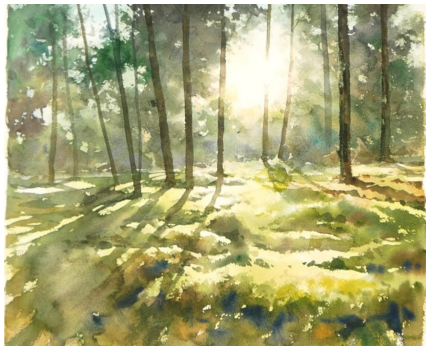
Karen's dad Charles and Bouncy



Camilla (far left), Mary Di. (5th from right) and their father Coman (second from right), their mother (3rd from right)



Brenda's dad Don celebrating his 90th with the gun that 'Won the West' the Winchester Model 1873



Monthly Preview Wednesday, June 1 at 11:00 a.m.

– Lounge

This monthly preview will be a single meeting at 11:00 a.m. We will come together to discuss updates, food service, and all the other events for the coming month. Please join us for this meeting to get the latest news.

Watercolor Class with Joneile Emery Saturdays from 10:00-12:00 p.m.



– Resident Kitchen

Experienced art instructor, Joneile Emery, will teach a watercolor class for the next 6 weeks beginning on June 4th (come to only one or more classes if you choose). **For more information please check the insert.** You will need to sign up in the Activities Book.

Chair Massage Monday June 6 and 20 at 12:00 p.m. to 2:00 p.m.

– Exercise Room

Licensed massage therapist Lawrence Roper will provide therapeutic neck, shoulder and back massage. You will remain fully clothed while sitting in the special massage chair enjoying the relaxing benefits. The cost is \$10 for 10 minutes. Please sign up in the Activities Book; space is limited. Additional time can be arranged for an extra charge. ***If you must cancel after you've signed up, please give 72 hours notice so that your time slot can be filled if possible, otherwise you will have to pay.***

Activities & Special Events

Men's Group Wednesday, June 8 and 22 at 10:30 a.m.

– Lounge

[Billiard Room on 22nd]

The Men's group (Lounge Lizards) will meet in the Lounge to catch up and share insights. Topics up for discussion on the 8th: Is there a better system for choosing candidates than currently? On the 22nd: "People prefer to be lied to than to hear the truth." OR: Is Eugenics the answer after all?



Sushi Demo Wednesday, June 8 at 11:30 a.m.

– Resident Kitchen

Let's get rolling! Come celebrate National Sushi Day with McKenzie by making your own custom sushi roll. Provided will be both cooked and raw fish along with an assortment of veggies to accommodate all tastes. Please sign up in the Activities Book.



Owen Rose Garden Walk/Stroll Thursday, June 9 at 11:00 a.m.

– Meet in the Lobby

Today in place of the walk/stroll about leaving from the Hotel, Ray will drop us off to spend an hour at Owen Rose Garden. Feel free to walk briskly, stroll leisurely or just sit and enjoy the outdoors. Please sign up in the Activities Book.



Yaakov Levine/Digestion Health 101 Friday, June 10 at 3:00 p.m.

– Lounge

Nutritional Therapist/Herbalist Yaakov Levine from Natural Grocers is coming to share his Digestion Health 101 presentation.

An unhealthy gut has been linked to many health issues so come learn the ins and outs of supporting digestive health.

Philip Bayles/Piano Meditations Monday, June 13 at 11:00 a.m.

– Lobby

Brother to our own resident, David Bayles, Philip is a noted conductor and founder of the Eugene Opera in 1977. He is an accomplished pianist and accompanist who enthusiastically enjoys collaborating from podium, piano, and harpsichord. Philip will perform Piano Meditations for us. Light breakfast in DR at 10:30.



Women's Group Wednesday, June 15 and 29 at 10:30 a.m.

– Lounge

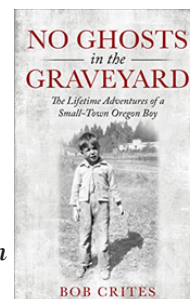
Join Judi for a casual round-table discussion and an opportunity to get to know each other better. In June we will sample mind, body, wellness issues.



Bob Crites—Author Shares Thursday, June 16 at 2:30 p.m.

– Lounge

Author of *No Ghosts in the Graveyard: The Lifetime Adventures of a Small-Town Oregon Boy*, Bob was born as one of triplets in Drain, Oregon. He experienced homelessness that he thought was just a camping adventure with his young mother and siblings and grew up to help kids in developing nations achieve their educational dreams. Join him as he shares stories from his fascinating, extraordinary life.



Persian New Year Celebration with Lunch

Friday, June 17
at 11:00 a.m.

– Lounge

Pani Soltani will come dressed



in a traditional Persian outfit to share with us the Persian New Year Celebration, including music, dance, and Persian tea along with a traditionally set table with the seven items essential to the celebration. Following, we will have a light Persian lunch.

Father's Day Brunch
Sunday, June 19
between 11:30 and 1:00



– Dining Room

Please join us for Father's Day Brunch. Chef Ricky will make a delicious buffet, including a Bloody Mary Bar. There will be no dinner service. Then join us in the Lounge for music.

Musical Interlude
for Father's Day
Sunday, June 19
at 2:00 p.m.



– Lounge

Diane

After enjoying brunch, join us in the Lounge for a musical treat. John Polese and Diane Bloch will share an eclectic array of music from Frenchy blues to tropical tangos. John frequently performs on keyboard, trumpet, flugelhorn, and accordion in styles ranging from Argentine tango to Zydeco. Diane was raised between the urban beauty of Paris and wildness of Brittany and the French Alps. Born a sensitive artist, her influences are the result of an emotional bluesy, frenchy, and tropical mix.

Resident Birthday Lunch
Monday, June 20
at 12:00 p.m.

– Dining Room

This month we will celebrate those born in June at the resident birthday lunch with food prepared by our own chef. If you have a June birthday, please join us.



Clothing Exchange
Wednesday, June 22
at 10:30 a.m. to 1:00 p.m.

– Lounge

Come shop your neighbor's closet! Thanks to all of your generous donations, we will be having the much-anticipated clothing exchange in the Lounge. All residents welcome!

Breakfast Brigade/Buddy's Diner
Thursday, June 23
at 8:30 a.m.

– Meet in the Lobby

Ride along with Ray to enjoy all of your breakfast favorites at Buddy's Diner. All residents are invited. Please sign up in the Activities Book.

Tea & Poetry
Friday, June 24
at 2:30 p.m.



– Lounge

We will come together to enjoy listening to the reading of poetry. Join us for an hour of delightful verse, tea and light snacks. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.

Isadora Duncan Performance
Monday, June 27
at 2:30 p.m.

– Lounge

Isadora Duncan is the mother of Modern Dance and one of the most influential women in dance history, as well as a model and inspiration for Gwen's dancing career. Join us as Gwen brings Isadora's style back to us in a performance, accompanied by John Kramer on piano. Judi will narrate.



The Reader's Theater Players
Wednesday, June 29
at 2:30 p.m.

– Lounge



The Players are returning with their theatrical readings (think dress rehearsal without the costumes), vaudevillian humor, and overall variety show that will entertain and amuse. The actors use only vocal expression to help the audience understand the story. And they tell jokes too!

Beverages on Broadway with
Amy Gaudia and Donna O'Neil
Thursday June 30
at 2:00 p.m. to 4:00 p.m.

– Lobby

Amy Gaudia and Donna O'Neil will combine their talents for a varied set of guitar and fiddle duets, classical guitar favorites, and original compositions. Beverages begin at 2:00 and the music will start at 2:30.

Trips for June

Silver Falls Picnic \$5
Tuesday, June 7
at 10:00 a.m.

– Meet in the Lobby



Let's get out in nature. We'll head to beautiful Silver Falls State Park and visit a few of its 10 waterfalls. We will enjoy a picnic and exploring all the park has to offer. Be sure to wear good walking shoes and bring a walking stick for extra support if needed. Please sign up in the Activities Book. Picnic lunch is \$5.

Small Town Tour of Glide
Tuesday, June 14
at 10:00 a.m.

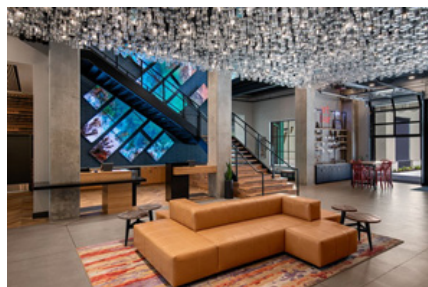
– Meet in the Lobby

This month for our small towns tour we will head south and visit Glide, near Roseburg, where two rivers collide. Our lunch stop will

be the 138 Grill and then we will visit Colliding Rivers Park where the North Umpqua and Little River meet. As we meander home, we'll stop at Whistler's Bend Park to stretch our legs while enjoying another section of the N. Umpqua. Please sign up in the Activities Book.

**The Gordon Hotel Tour
Tuesday, June 21
at 10:45 a.m.**

– **Meet in the Lobby**
Kathryn Allen, the GM of Inn at the 5th and the Gordon Hotel, will give us a tour of our new neighbor. We'll have the opportunity to see the guest rooms, learn about the importance of art and creative feel along with experiencing the view from the rooftop bar. After the tour, we'll enjoy the 5th Alley for lunch, ice cream, or a glass of wine. Please sign up in the Activities Book.




**Shady Oaks Family Farm/Picnic
Tuesday, June 28
at 10:30 a.m.**

– **Meet in the Lobby** 
Let's explore Cottage Grove! Our first stop will be Shady Oaks Family Farm where we'll have our picnic lunch. The farm has many animals, beautiful flowers, fresh produce and something for your sweet tooth. Then we will head downtown to hunt for treasures in the antique shops on Main or sit and enjoy a beverage at Covered Bridge Brewing/Coffee Shop. Please sign up in the Activities Book. The picnic is \$5.

Weekly Events

**Exercise Class with Lin Lin
Monday, Wednesday, Friday
at 9:00 a.m.**

– **Exercise Room** 
Join Lin Lin, a gifted instructor in senior fitness, to get your blood flowing, your muscles limber, strengthen your core and balance as well as improve your overall fitness and well being.

**Eugene Hotel Singers Return!
Wednesdays at 1:00 p.m.**

– **Lounge**
The Eugene Hotel Singers have a new choir director, Amy Adams, who is a perfect fit for the Hotel family and happily looks forward to leading all of you into harmony and merriment. Come again or join for the first time and sing together!!



**Qigong
Thursdays at 9:30 a.m.**

– **Lounge**
Qigong is the skill of attracting vital energy and self-healing. Join instructor Roberta Roth during this quiet exercise time.

**Stroll About/Walk About
Mondays and Thursdays
at 10:00 a.m. and 10:30 a.m.**

– **Meet in the Lobby**
Let's get outside and get moving! Join McKenzie Mondays at 10:00 a.m. for a comfortable stroll and move your muscles while enjoying the fresh air. For a brisker walk about town, join McKenzie Thursdays at 10:30 a.m. to get your heart rate up.



**Bingo
Thursdays at 6:30 p.m.**


– **Game Room**
Come join your neighbors every Thursday evening in the Game

Room for Bingo. Each week there is a different incentive for winning: prizes; store bucks; and/or money. It's only \$.75 to play.

**Creative Writing with Cara
Thursday, June 9 and 23
at 1:00 p.m.**

– **Resident Kitchen**
If you've got the writing bug, a need to exercise your brain and would like to get some ideas and share what you write, you can join us this month for a lively discussion with your fellow creatives and exercises that will make a tired brain wake up.

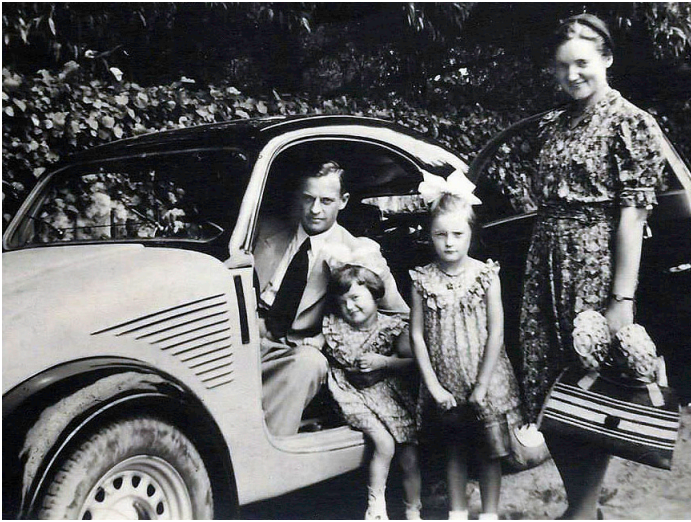
**Let's Play Poker
Saturdays, June 11 and 25
at 2:30 p.m.**

– **Billiard Room** 
Get ready to lose your money or win big! Join Glenn in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.

**Spanish Sessions
Saturdays at 11:00 a.m.**

– **Billiard Room**
Join Penelope for conversations in Spanish in the Billiard Room, an immersive language experience. You will hear Spanish spoken and be able to learn phrases that will help you carry on a simple conversation. Please contact Penelope through the Front Desk if you are interested in joining the group.

Please welcome
new residents
Larry Schmitz
#702
and **Betty Duer**
#610



Brigitte (seated) with her father, sister and mother



Pegge's dad Frank, his mother-in-law Mabel,
Pegge's grandmother



Erika with father Heinz, mother Lisl and brother Martin



Gwen, her father Charles, and mother Eleanor



Rita and her father