



The Eugene Hotel View



Monthly Newsletter of Eugene's Premier Retirement Community May 2024

The Month of May brings us many things including Mother's Day! Here we have showcased photo's of our Residents, those who are Mothers with their children, as well as our residents with their own Mothers. We hope you enjoy them.



Meredith with her mother



Gloria with her mother & baby brother



Pegge & daughters



Gwen as a baby with her mother



Pictures of Mothers
on pp. 2 and 7

May Events
Activities and calendar
for May..pp. 3 and 7

Book Group
Residents will discuss. West with
Giraffes by Lynda Rutledge p. 5



Harriet with her Mother & Brother



Barbara & her Mother



Judith M. with her Mother



Mandi & Cenessa



Erika with her Mother



Dandelion with thier Mom



Phyllis W. with her Mother



Savanna & Bre





Bus to Eugene Library
Wednesday, May 1 & 22
at 12:00 p.m.



-Meet in Lobby

Come along on our monthly bus trip to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please Sign up in the Activity Book.

Monthly Preview
Wednesday, May 1
at 1:30 p.m.



- Lounge

We will come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

Song Circle w/ Kevin
Thursday, May 2
at 1:30 p.m.



-Lounge

Kevin will lead a lively song circle in the Lounge, singing all genres of music. Bring a song-book if you have one!

Kentucky Derby
Saturday, May 4
Time 1:30



-Lounge

For the afternoon, the Lounge will be transformed to Churchill Downs.....There's **No More Time** the **Epic Ride** of the 150th Kentucky Derby is here! Come be a **Society Man**, join **Lucky Jeremy**, **Mystik Dan** and **Grand Mo the First** as they **Endlessly** sip mint juleps. Don't let fear or **Hades** get a **Stronghold** over you, feel **Forever Young** as you embrace even **just a Touch** of the **Catching Freedom** and place your bet. The **Fierceness** of competition is sure to be high as people have traveled far and wide from **Encino**, **West Saratoga** and even **Sierra Leone** to be a part of this **Catalytic** event. Don't forget your dollar if you want to bet on a horse.

Activities & Special Events

Porter Plays Frishberg: Unsung
Saturday, May 4
at 7:30 p.m. (OYO)



-Shedd

The Randy Porter Trio pay instrumental tribute to Long-time Portland composer, lyricist and pianist Dave Frishberg (1933-2021) with *Unsung*. Sign up at the Front Desk for free tickets.

Cinco de Mayo Happy Hour with Bongo Latte

Sunday, May 5
at 3:30 pm



-Lobby

We are pleased to welcome back Dorian's Latin band, Bongo Latte. Come and enjoy the Latin Jazz Afro Cuban beats as you sip a refreshing beverage with south of the border flavors to kick off the festivities.

Cinco de Mayo Theme Dinner
Sunday, May 5

at 4:30-6:00 p.m.



-Dining Room

Join us in the Dining Room as the fun continues with a fiesta for your taste buds! Chef Ricky will once again treat us to all the Mexican favorites. Be sure to come hungry!

Philip Bayles on Piano
Monday, May 6

at 1:00 p.m.



- Lounge

Philip Bayles, noted conductor and founder of the Eugene Opera in 1977, returns to share more of his masterful piano stylings. Come to the Lounge to hear him on the piano on the first Monday of every month.

Beer Club
Tuesday, May 7

at 3:30 p.m.



-Lounge

Beer Tasting last month was such a hit so now we will have it once a month under a new name, The Eugene Hotel Beer Club. Join us in the Lounge this month as we sample a variety of beers brewed right here in Eugene.



Men's Group
Wednesdays, May 8 & 22
at 10:30 a.m.



- Lounge

The Men's Group (Lounge Lizards) will meet in the Lounge to catch up and share insights. Topics up for discussion on the 8th of May: What effect do anti-abortion laws have on men? And on the 22nd of May: Is humanity really coming to and end? How?

Beverages on Broadway
w/Gus Russell

Friday, May 10
at 2:00 p.m.



-Lobby

Welcome back our beloved Gus Russell who always plays a delightful musical medley for our ears to enjoy. Grab a drink from the bar and find yourself a seat. You don't want to miss his performance.

Mother's Day Brunch
w/Music by David Helfand

Sunday, May 12
11:30-1:30



-Dining Room

In honor of Mother's Day we will have our annual Brunch celebrating all of those special ladies. Come and enjoy mimosas and a delightful array of breakfast options. If you plan to have guests please notify the front desk so we will be sure to seat everyone together with their family and friends.

Microphilharmonic: Beethoven
Symphonies No. 1 & No. 5

Sunday, May 12

at 4:00 p.m. (OYO)



-The Shedd

Michael Anderson continues his mission of setting all of Beethoven's symphonies for chamber ensemble with microphilharmonic's premier of his chamber arrangements of two of Beethoven's best! If you would like to attend this show please sign up for free tickets at the Front Desk.

Clothing Exchange
Monday, May 13

10:30-2:00 p.m.



-Lounge

Come and Shop our Annual Clothing Exchange, no money needed. We will turn the Lounge into a boutique where you'll find

everything from shirts and pants, to bags and shoes. We will have mirrors around the room, come check it out and find something you didn't know you couldn't live without!

Chair Massage
Monday, May 13
12:00-2:00 p.m.

-Exercise Room

Licensed massage therapist Lawrence Roper returns to provide therapeutic neck, shoulder, and back massages. You will remain fully clothed while sitting in a massage chair enjoying the relaxing benefits. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.



Women's Group
Wednesday, May 15
at 10:30 a.m.

- Private Dining Room

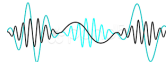
Grab a cup of coffee and head to the private dining room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other! In the month of May we will discuss whatever comes to our minds in the moment.



Hearing Aid Clinic with Jim
Wednesday, May 15
at 3:00 p.m.

-Library

Our beloved Arnie who would come twice each month to help residents with their hearing aid needs, sadly passed away. Jim who's also from Goodman Hearing, will come here on the Third Wednesday of the month. Bring any hearing aid related questions or concerns to him. He will be in the Library on the Lower Level.



Visit Friends with a Trip to Merrill Gardens
Friday, May 17
at 12:30 p.m.

-Meet in the Lobby

We will take our bus over to Merrill Gardens where they will have a room for us all to visit with Verne, Alves, Rita, and Mary. We are always sad to have our neighbors move away, so it will be great to reconnect with them. If you would like to come along please sign up in the Activity Book.



Marisa Frantz: We've Only Just

Begun
Sunday, May 19
at 7:30 p.m. (OYO)

-The Shedd

Marisa Frantz pays tribute to one of the giants of 1970s pop, Karen Carpenter. Carpenter was the voice of a string of massive hits, including "If We Try", "We've Only Just Begun", "Rainy Days and Mondays" and "Ticket To Ride". Please sign up at the Front Desk if you would like free tickets for this performance.



Second Floor Patio Planting Party
Monday, May 20
at 11:00 a.m.

-2nd Floor Patio

Let's celebrate Plant Something Day! Today we will get outside and get our hands dirty while transforming the second floor patio garden from its winter slumber to a spring-time paradise. All supplies will be provided.



Yoga Ball Drumming
Monday, May 20
at 1:30 p.m.

-Lounge

This is one of our most popular activities held here up in the Lounge. This retired drummer brings the energy and gets us jammin'! Claudia provides all the necessities, the balls, drum sticks and the music! We all sit in a big circle and follow her lead 1,2,3,4! You don't want to miss out on this one, she only comes every other month.



Guest Speakers Charles & Juliet Bender-Goldsmith (Rescheduled from April)

Thursday, May 23
at 2:00 p.m.

-Lounge

The Bender-Goldsmith's are coming to share with us a bit about their lives and what they are doing to shape today's youth. They retired from government service to 3 years in the Peace Corps in Mexico. Then landed in Eugene where they founded Cewntral Mexico Youth Fund, a non-profit organization supporting young college students. They will introduce us to their non-profit and the work they do.



Rudy's Birthday Party!
Monday, May 27th
12:00-2:00 p.m.



-Lounge

Guess who's turning 90!? Rudy would like you all to join him to celebrate his 90th Birthday here, up in the lounge. Appetizers and drinks will be served, no gifts necessary just good friends, good music and good food, and of course cake!

Resident Birthday Lunch
Thursday, May 30
at 12:00 p.m.

-Dining Room

For those of you born in the month of May, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare a special meal.



Tea and Poetry w/ Dandelion
Thursday, May 30
at 2:00 p.m.

-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.



Breakfast Brigade at Forresters
Friday, May 31
at 8:30 a.m.

-Meet in the Lobby

Join Ray for a breakfast adventure. This morning you will head to Forresters on City View. This resident request will be a delight. If you would like to go please sign up in the Activities Book.



TRIPS FOR MAY

Hendricks Park Mear Icecream

Tuesday, May 7
at 12:30 p.m.

-Meet in Lobby

It's time to start enjoying the great outdoors once again! Spring has sprung! Come along as we visit Eugene's oldest City Park. Hendrick's Park is a beautiful 80 acres of Rhododendrons, native ornamental plants, and trees over 200 years old. You can stroll along a trail, or just sit and listen to the birds and take in the fresh air. After the park, we will stop for a sweet treat at Prince Puckler's Ice Cream. Please sign up in the Activity Book



Trip to the Salem Carousel & Lunch at Cafe 22

Tuesday, May 14
at 10:00 a.m.

-Meet in Lobby

Located right along the Willamette River, just a short drive north to Salem, this Old World Style carousel, with hand painted whimsical animals will surely take us back in time. It took over 6 years to build, thanks to many volunteers it came to life. After our go 'round, we will drive ten minutes west to Cafe 22. Here you can choose from breakfast or lunch but save room for their famous hand-dipped ice cream, sundaes or shakes! Sign up in the Activity Book you don't want to miss out!



Coast Trip to Florence w/Three Rivers Casino Drop or Lunch in Florence and Beach Walk

Tuesday, May 21
at 10:00 am

-Meet in Lobby

If your feelin' lucky and want to play some casino games then today is your day! First stop is Three Rivers Casino. If you would rather go out to lunch in Florence and see the ocean then stay on the bus for stop #2. We will have lunch in Old Town Florence and then head to the beach. Be sure to bring a jacket, it can get windy. Please sign up in the Activity Book if you'd like to join us. The more the merrier!



Adelman Peony Gardens w/Lunch in Keizer

Tuesday, May 28
at 10:30 a.m.

-Meet in Lobby

Join us for a trip north to the beautiful Adelman Peony Gardens outside of Salem. This garden is home to over 500 named peonies including last years best in show winner, Sonoma Yedo. Jim and Carol Adelman have been working this farm since 1974 and began growing peonies in the 1993. We will stop in Keizer for lunch and then head to the garden. I spoke with one of the garden family and the flowers will be in full bloom. Please sign up in the Activities Book.



WEEKLY EVENTS

Exercise Class with
Phyli and Erica

Mondays, Wednesdays, Fridays
at 9:00 a.m.

-Exercise Room

Join Phyli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Lower Level exercise room at 9:00 a.m. sharp. Everybody is welcome



Stroll & Walk About
Monday, May 6

at 10:30 & 11:00 a.m.

-Meet in Lobby

Let's get out and get moving! For those of you who enjoy a slower pace we will stroll around the block at 10:30. For a faster pace join us for our second outing at 11:00.



Mahjong

Monday, May 6 & 20
at 2:30 p.m.

-Billiard Room

Come to the Billiard Room for a friendly game of Mahjong. Don't forget your coin purse and a 2023 or the new 2024 National Mahjong Card.



Bingo

Wednesdays
at 3:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; store bucks; and/or money. It's only \$.75 to play.



Qigong

Thursdays
at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



Needle Arts Group
Thursday, May 2 & 16
at 1:30 p.m.

-Lower Level

Needle Arts isn't just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crochet, needlepoint, quilting, mending all are welcome.



Pool Sharks

Thursday, May 9 & 23
at 2:30 p.m.

-Billiard Room

Bringing back a hotel favorite, come and shoot pool with fellow resident pool sharks. There are stools to sit on if you would rather just watch. The Billiard Room is on the 2nd floor across from the Resident Kitchen.



Creative Writing
Thursday, May 16

at 2:00 p.m.

-Billiard Room

Try your hand at literary creation by joining Dandelion for quick and playful writing activities. Exercise your brain, share your creativity, and find expression in pen and paper. "Start writing, no matter what. The water does not flow until the faucet is turned on." -Louis L'Amour



Play Poker with Glenn or Alan
Saturdays

at 2:30 p.m.

-Billiard Room

Get ready to lose your money or win big! Join Glenn in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.



**Please Welcome
New Residents:**

Anita Going-704/705

Leigh Files-606



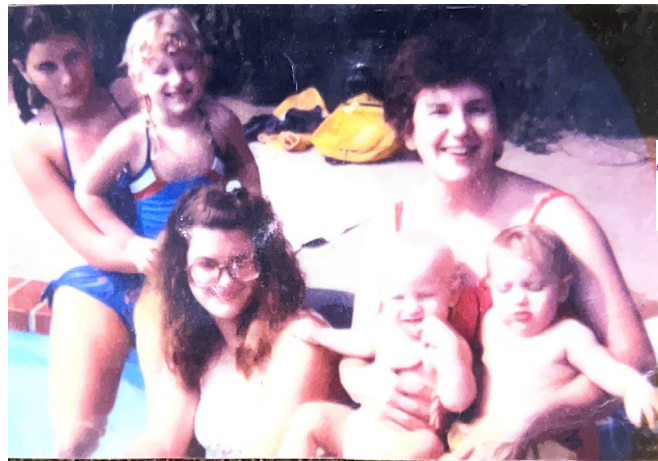
Evelyn with her children



Mckenzie and her Mom



Dave M. and his Mother



Sheila with her 5 children



Maila's Mom & sons



Linda S. Mother



-COMING NEXT MONTH IN June-

***FATHER'S DAY**

***JUNETEENTH**

***SUMMER SOLSTICE**