



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

August 2024



This Summer, Oregon Festival of American Music pays tribute to the many prolific lyricists of what we like to call “the Classic Songbook”. From the poets and lyricists of Tin Pan Alley, and Broadway musicals to Jazz standards and Hollywood movies, these lyricists put words to some of the most well-known melodies of their time. We'll feature work by Ira Gershwin, E. Y. “Yip” Harburg, Johnny Mercer, Dorothy Fields, Andy Razaf, B. G. DeSylva and more...along with lyricists who were also composers such as Irving Berlin, Frank Loesser, and Cole Porter, while including work by composers such as Richard Rogers, who primarily worked with the two famous lyricists Lorenz Hart and Oscar Hammerstein II, each partnership bringing different styles of music to Broadway.

With OFAM 2024 Summer, Chuck Redd and company explore the work of these great lyricists and their

partnerships with the composers we know and love throughout the years.

Concerts:

- *A Fine Romance: RKO, Fred & Ginger & the Masters
- *Memories Of You: Dorothy Fields & Andy Razaf in Harlem
- *The Best Things In Life: BG “Buddy” DeSylva & Arthur Freed
- *Old Devil Moon: E.Y.”Yip” Harburg
- *Blues In The Night: The 2024 Summer Jazz Party
- *Heart And Soul: Frank Loesser & Sammy Cahn
- *Jeepers Creepers: Johnny Mercer
- *My Funny Valentine: Lorenz Hart

OFAM 2024 FREE FILM SERIES START TIME 9:00 A.M.

- Hooray For Love (8/1)
- Singin' In The Rain (8/2)
- Thank Your Lucky Stars (8/3)
- Robin and The 7 Hoods (8/7)
- Finian's Rainbow (8/8)
- The Fleet's In (8/9)
- Love Me Tonight 8/10)



SECOND PAGE
MEET YOUR NEW STAFF

AUGUST EVENTS
Activities and calendar
for August...pp. 3-7

BOOK GROUP
Residents will discuss A Lesson in
Chemistry, by Bonnie Garmus..p. 5

Meet Your New Staff-



My name is Leo I am 24 years old and I am the new dishwasher. I grew up in Charlottesville, VA. In my free time I like to play the guitar, my favorite song is *These Days* by Jackson Browne. I also enjoy playing with my dogs. I have lived in Oregon for almost a year now. I have a younger brother who attends JMU. My favorite ice cream flavor is mint chocolate chip.



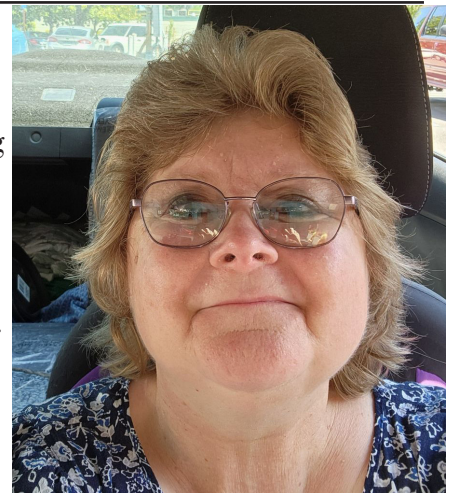
My name is Iris, I work both as wait-staff and the front desk on Saturdays. I was born and raised here in Eugene where I grew up exploring and camping. I am an avid reader, and in my free time I love to write poetry and short stories. In high school I did a lot of restaurant work, including working at a vegetable prep

kitchen, a deli and a pizza shop. I was a stay at home mom for a year after my daughter was born, and then I started working in childcare. Early childhood education is a passion of mine, and I'm hoping to pursue a degree at LCC in the future. I have a three year old daughter named Aurora, she is my whole world. We love going to the library and playgrounds on my days off.

I am excited to get to know everyone, and be a part of the Eugene Hotel.



My name is Cate and I am an art student at the University of Oregon. My favorite pastimes are collage and fashion design. I also enjoy time with my 3 pound poodle named Odie. I am from Utah and have been in Eugene for two years now. I love to write and work for two different news publications at the U of O. I have one older sister who just graduated from UC San Diego. I really value connecting with and meeting new people and I am excited to get to know everyone here in the community.



My name is Karen, I was born in Washington State and raised in North Idaho. I have bounced around the three states of Oregon, Washington and Idaho for a number of years, before settling here in Oregon for the last 28 years.

My husband Russ and I have a dog named Frosty, two cats Jax and Squirt, and 2 neon fish. I have two children, Jessy (38), and Kailee (33). I also have 4 Grandchildren Elijah (16), Karalee (11), Jebidah (9) and Amelie (9).

In my free time I enjoy kayaking, bicycling, hiking and most things outdoors. I also enjoy playing bingo, bunko, cribbage, pinochle and watching Oregon Duck Football.

I have previously worked for RideSource, a doctor's office, and USPS. I can honestly say that I love my job here and consider myself blessed. I look forward to meeting you all and learning a little more about each and every one of you here at the Eugene Hotel.





Activities & Special Events

Monthly Preview
Thursday, August 1
at 2:30 p.m.

-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.



First Friday ArtWalk
Friday, August 2
at 6:15 p.m.

-Lobby

Meet Lindsay in the Lobby for a fun evening of art and exercise. We will visit a few of the many galleries and art spaces right in our neighborhood. Wear comfortable shoes. This is a wonderful way to spend a Friday evening.



Summer Appetizers Cooking Demo
Monday, August 5
at 12:00 p.m.

-Resident Kitchen

Join McKenzie in the Resident Kitchen for a taste of summer! We will be enjoying a variety of appetizers inspired by summer flavors. Have you tried watermelon pizza? There will be something to satisfy everyone's taste buds. Please sign up in the Activity Book.



Top It How You Like It Yogurt Bar
Tuesday, August 6
at 10:30 a.m.-12:00 p.m.

-Dining Room

Come to the Dining Room for a bowl of yogurt topped just as you like it. We will have a variety of yogurt flavors, including a nondairy option, along with an assortment of fruits, nuts, granola, chocolate chips and seeds. Be sure to get in on a bowl of goodness.



Movie Matinee
Tuesday, August 6
at 2:00 p.m.

-Lounge

Join us in the Lounge for an afternoon at the movies! Popcorn will be popping and there will be sodas and candy to enjoy as you watch the movie.



Philip Bayles on Piano
Wednesday, August 7
at 1:00 p.m.

-Lounge

Philip Bayles, noted conductor and founder of the Eugene Opera in 1977, returns to share more of his masterful piano stylings. Come to the Lounge to hear him on the piano on the first Wednesday of every month.



Community Sing-Along w/ Amy Adams at The Shedd
Wednesday, August 7
at 1:15 p.m.

-Meet in the Lobby

Join us to walk across the street to the Shedd for an hour of song. Unique popular songs from the 40's & 50's will be on the agenda. No Charge.



A Night in Morocco with Theme Dinner and Belly Dancing
Friday, August 9
at 4:30-6:00 p.m.

-Dining Room

Come to the Dining Room to enjoy a festive feast featuring all the flavors of Morocco. Chef Ricky is excited to prepare this meal and share exotic new tastes with you. At 5:00 p.m. a group of belly dancers will dance their way around the Dining Room to add to this fun evening.



Chair Massage
Monday, August 12 & 26
12:00-2:00 p.m.

-Exercise Room

If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.



Song Circle with Kevin
Monday, August 12
at 2:00 p.m.

-Lounge

Join Kevin as he leads a singing circle in the Lounge. Everyone is welcome and all genres of music are included. Bring a songbook if you have one.



Creative Writing
Thursday, August 8 & 22
at 2:00 p.m.

-Resident Kitchen

Join Dandelion on Thursday. If you've got the writing bug, and need to exercise your brain and would like



to get some ideas and share what you have written, you can join us this month with your fellow writers for lively discussion and exercises that will make a tired brain wake up.

Men's Group
Wednesday, August 14 & 28
at 10:30 a.m.

-Lounge

The Men's Group (Lounge Lizards) will meet in the Lounge to catch up and share insights. Topics up for discussion on the 14th, "Pigs, Cows, Sheep, Goats-and Chickens". On August 24th, "Are we looking at a post-democratic world?".



Bus to Eugene Library
Wednesday, August 14
at 12:00 p.m.

-Meet in Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.



Guest Speakers Charles & Juliet Bender-Goldsmith
Thursday, August 15
at 2:00 p.m.

-Lounge

The Bender-Goldsmith's are coming to share with us a bit about their lives and what they are doing to shape today's youth. They retired from government service to 3 years in the Peace Corps in Mexico. Then landed in Eugene where they founded Central Mexico Youth Fund, a non-profit organization supporting young college students. They will introduce us to their non-profit and the work they do.



Beverages on Broadway w/Gus Russell
Friday, August 16
at 2:00 p.m.

-Lobby

One of our favorites, Gus Russell, will entertain us once again while you sit and enjoy a nice cool drink from the bar. Come down to the lobby to pick your seat and enjoy the show!



Hoppy Sippers
Sunday, August 18
at 4:30 p.m.

-Private Dining Room

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Once again we will have a variety of beers to sample



along with snacks. This month we will be tasting a variety of beers brewed in Belgium

Eugene Hotel Sidewalk Sale

**Saturday, August 17
9 a.m.- 3 p.m.**

Sign up at the front desk to reserve your table for our annual sidewalk sale. Then begin to empty out your storage unit or the boxes in your closet that were never unpacked! The sidewalk in front of the Hotel will be lined with great "treasures" from our residents and staff. The staff will be happy to help you set up your wares. If you have nothing to sell then come and shop!

**Surprise Birthday Celebration for Dave Mertens
Monday, August 19
at 1:00 p.m.**



-Lounge

Join us in the Lounge to surprise Dave and celebrate his birthday with him.

**Women's Group
Wednesday, August 21
at 10:30 a.m.**



-Private Dining Room

Grab a cup of coffee and head to the private dining room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other! In the month of August we will discuss our very first job, and what the responsibility and freedom meant to us.

**Adventures on the Silk Road w/ Carol Link
Wednesday, August 21
at 1:30 p.m.**



-Lounge

The Silk Road, its name conjures up pictures in the mind of deserts, mountains, great rivers, herds of

sheep and hardy people living in wide open lands at the top of the world. Well, how can one miss seeing this? So, off I went last May to four of the countries on the Great Silk Road. This "road" was a major trade route stretching from the west end of China, across Central Asia, ending up in various ports of call in the Middle East and Europe. The countries are Tajikistan, Uzbekistan, Kazakhstan, and Kyrgyzstan. Come get a peek at these fabulous places.

You Must Have Been A Beautiful Baby

**Friday, August 23
at 2:00 p.m.**



-Lounge

Bring an early childhood to young adult photo of yourself to Bre by August 19th. We will create a wall of photos (without names). Come see how many you are able to guess. The more photos we get the more fun we will have!

**Resident Birthday Lunch
Wednesday, August 28
at 12:00 p.m.**



-Dining Room

For those of you born in the month of August, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare your special meal.

**Tea & Poetry w/Dandelion
Thursday, August 29
at 2:00 p.m.**



-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.

**Beverages on Broadway w/ Chris
Thursday, August 29
at 3:00 p.m.**



-Lobby

Join us in the Lobby for a new piano guest. He will be new and fresh to our ears. Chris has been a musician for many years, and this isn't his first time playing here at the Hotel, but it's been a while. This will be a treat for us all. Grab a drink from the bar, find a good seat and enjoy the music.

**Breakfast Brigade at Cornucopia
Friday, August 30
at 8:30 a.m.**

-Meet in the Lobby

Join Ray for this monthly breakfast adventure to the Cornucopia here in Eugene. They have started serving breakfast again and the options are spectacular, including the usual favorites along with avocado toast, Mediterranean hash, huevos rancheros just to name a few. The portions are generous so bring your appetite! Please sign up in the Activity Book.

**Lei Making with Bre
Friday, August 30
at 2:00 p.m.**



-Resident Kitchen

Come to the Resident Kitchen and join Bre to make a beautiful lei to wear on this festive day. The leis will be made using fresh flowers. All supplies will be provided.

**Luau Theme Dinner
Friday, August 30
at 4:30-6:00 p.m.**



-Dining Room

Put on your island boy your way down to dinner. Don't forget to stop at the bar on your way in for a tropical drink. Chef Ricky is excited to share with us the cuisine he grew up on, bringing the flavors of the island to the Hotel. Bring a big appetite, this meal is sure to be a crowd pleaser.

TRIPS FOR AUGUST

**Antique Faire and Classic Car Show in Brownsville
Saturday, August 3
at 10:00 a.m.**

-Meet in the Lobby

If you're an antique hunter, enjoy classic cars or just wanna get outta town this is the trip for you! For one day every year the beautiful Pioneer Park in Brownsville becomes home to over 70 booths filled with vintage treasures. There is plenty of shade and tables to relax at while you enjoy the live music, vintage cars and some lunch. Please sign up in the Activity Book.



Scandinavian Festival in Junction City

Thursday, August 8
at 9:30 a.m.

-Meet in the Lobby

Join us as we head to Junction City's Annual Scandinavian Festival. Come ready to try different foods from Scandinavia, including aebleskivers and Swedish meat pies. You'll be sure to find something you like. There are plenty of places to sit and watch dance performances, along with craft booths to look at. We'll leave early to beat the heat. Please sign up in the Activity Book.



Pizza and Park at Gatehouse Pizza & Elijah Bristow State Park

Tuesday, August 13
at 10:00 a.m.

-Meet in the Lobby

This month we will be going to Gatehouse Pizza in Pleasant Hill. They offer a varied menu that includes sandwiches, appetizers in addition to pizza and salad. After lunch we will continue on to the beautiful 847 acre Elijah Bristow State Park in Dexter. It has more than 10 miles of well maintained trails along ponds, wetlands, meadows, and the Middle Fork Willamette River. Please sign up in the Activity Book.



Bush's Fern View Farm w/Lunch at Our Daily Bread

Tuesday, August 20
at 10:30 a.m.

-Meet in the Lobby

Today we will take a short drive in the country, to Veneta. In order to beat the heat we will stop first to pick juicy delicious peaches at Bush's Farm. After the farm we will enjoy a delicious lunch at Our Daily Bread. The restaurant is a converted church, and has a delightful menu to choose from. Please sign up in the Activity Book.



**Please Welcome
New Resident**

Lodene Grace-517-18

Coast Trip: Three Rivers Casino Drop or Lunch in Florence with Beach Walk

Tuesday, August 27
at 10:00 a.m.

-Meet in the Lobby

Join us on a coastal excursion. We will stop at Three Rivers Casino to drop those looking to test their luck. Then we will drive into Florence and enjoy a delightful lunch at a surprise location. After that we will venture up or down the the 101 for a peak at the ocean and stretch our legs. You can always stay on the bus if you don't feel up to a walk. Please sign up in the Activity Book.



WEEKLY EVENTS

Exercise Class with Erica and Phylli

Mondays, Wednesdays, Fridays
at 9:00 a.m.

-Exercise Room

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Mahjong

Monday, August 5
at 2:30 p.m.

-Billiard Room

Come to the Billiard Room for a friendly game of Mahjong. Don't forget your coin purse and a 2024 National Mahjong Card.



Bingo

Wednesdays 7, 14, 28 & Thursday 22
at 3:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; surprises and/or money. It's only \$.75 to play.

Hearing Aid Clinic w/ Jim

Wednesday, August 21
at 3:00 p.m.

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.



Qigong

Thursdays
at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



Needle Arts Group

Thursday, August 1 & 15
at 1:30 p.m.

-Lower Level

Needle Arts isn't just knitting! Bring your project to the new location in the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.

Pool Sharks

Thursday, August 8 & 22
at 2:30 p.m.

-Billiard Room

Come to the Billiard Room and shoot pool with fellow resident pool sharks. There are stools to sit on if you would rather just watch.



The Saturday Market

Saturdays, August 3, 10, 17, 24, 31
10:00-4:00 p.m. (OYO)

The Market is held every Saturdays through Fall only a few blocks from the Hotel in the Park Blocks. Enjoy wandering through the colorful artisan booths, listening to live music, eating from one of the many food stalls and checking out the beautiful bounty in the farmers market pavilion.

Play Poker with Alan

Saturdays
at 2:30 p.m.

- Billiard Room

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.



Creative Coloring

Sundays at 2:00 p.m.

-Resident Kitchen

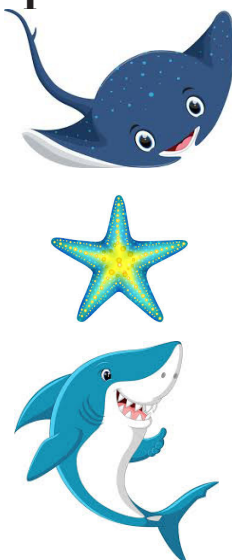
Join your neighbors for a relaxing coloring session upstairs in the resident kitchen. The books and coloring pens, markers and pencils will be in the cupboard under the phone.



Our trip last month to the Newport Aquarium



Lyn, Duane, Tom & Ray in the Aquarium Tunnel



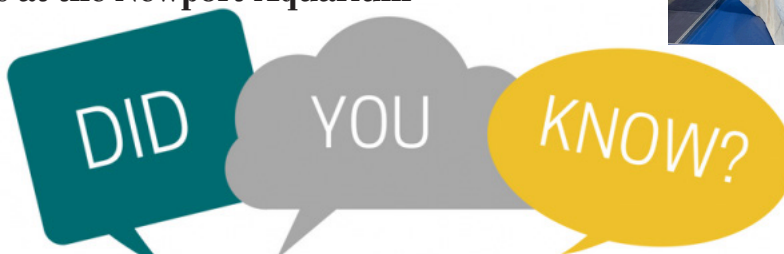
Residents in the bird enclosure



Some of our residents at the Newport Aquarium



Say Ahhhhhh!!



***In the Lower Level is the Clear view Reading Machine that magnifies and enhances small text.**

***There is a quiet room on the 7th Floor, for meditation, prayer or reflective thinking.**

***The Eugene Hotel Art Room is in the Lower Level.**

***Personal shopping carts are available in the Lobby closet by the elevators for you to use for groceries or other items.**

***The Library, located on the Lower Level, has a section of large print books to check out.**

***There is also a table of books in the Lower Level which you can borrow without signing out.**

***The box room is located on the lower level. Recycle sturdy clean boxes that others can reuse.**

***The Front Desk sells postage stamps (.73 cents)**

***Our Lost and Found is located at the Front Desk.**

***Walkers and other items are located on the 3rd Floor hall closet for use when you need. (across from apartment 311)**

***When going on a trip in our bus, you may request a back pillow or step stool for comfort.**