



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

November 2024



Welcome
Fall!

This month we are reminded of all the reasons to be thankful. We are surrounded with the spirit of the holiday season upon us and those we can share it with.



VETERANS DAY

A big Thank You to all of our Veterans. On this day, we honor you and all of your sacrifices made for our country and everyone in it.



THANKSGIVING

It's time once again to eat the fresh carved turkey and all of the delicious side dishes. Chef Ricky will have a Thanksgiving Buffet for you and your loved ones to enjoy.



SECOND PAGE MEET YOUR NEIGHBOR,
MICHELE HOLLOWAY BIO ON PP. 2&8

NOVEMBER EVENTS
Activities and calendar
for November...pp. 3-7

BOOK GROUP
Residents will discuss, *My Brilliant Friend*
by Elena Ferrante..p. 5



Hello. My name is Michele Holloway and I am a fairly new resident here at the Eugene Hotel. My husband, Bob Brissenden, and I moved into the facility the first week in July. It has been quite a new experience for both of us, first downsizing from 1400 sq ft to about 500 sq ft and second, living with a bunch of people close at hand. We are enjoying being here and finding new adventures. I've only been on one of the Tuesday outings, but it was a fun new experience. I have been delighted by Dandelion's Creative Writing and McKenzie's cooking demonstrations. Overall, we like it here and are glad we moved in.

A bit about my history. I am the youngest of four children – that is, four children within five years. Being the “baby” didn't count for much when the birthdays range from 1949 to 1953. We were all raised in Crescent City, CA which is just south of Brookings, Oregon. It was nice growing up in a small town nestled between the redwood forest and the Pacific Ocean. My family was very active in the Federated Community Methodist Church in Crescent City. It was the center

of most of our family activities. We were a musical family. My grandmother directed the children's choir at church (Oh how I disliked those white “angel” robes with the red bows) and attempted to teach each of us how to play piano. I truly appreciate the fact that I learned how to read music. It makes singing so much more fun. We would sing, as a family, on car trips, often in 4- or 5-part harmony. My mom would be certain to bring a hymnal along as none of us could remember the words after the first verse. I have great memories of driving from Crescent City to Disneyland and singing with my parents and siblings. My mom and dad sang in the church choir and, wherever I ended up, I always joined the choir. It's an important touchstone in my life. I stayed around Crescent City after graduating from high school in 1971, working as a teacher's aide and taking the occasional class at the local community college. I met Bob in 1976 when he, his wife, and two kids moved from southern California to Crescent City and began attending the United Methodist Church. Later that summer, I moved to Lakeport, CA and then on south to Los Angeles where I worked for Transamerica Occidental Life for just over a year. That was quite the experience. I was only 22, moving from a town of 3,000 to an actual city. I lived in Glendale and worked in downtown LA. After that, I ended up in Sacramento with my middle sister, working for General Telephone as a keypunch operator. That was tricky,

having to learn reverse 10- key and NOT dropping the punch cards while putting them into the reader. I only dropped them once. That was enough – sorting a stack of punch cards back into the correct order teaches a person to be extra careful when moving from one location to another.

Eventually, I made it back to Crescent City and began working for Arcata Lumber Company in Smith River, CA doing data entry. I don't remember how long I was there before the mill closed. My parents had moved to Springfield, OR a few years prior and so I moved in with them.

I went to work for Gonyea and Associates, working in the Timber Products Office on 4th Street, again, doing data entry. That was a fun experience. They had their own small plane and pilots and those of us in the office got to visit some of the mills in other parts of Oregon. While working there I decided to go back to school and did a correspondence course (paper, US Postal Service, stamps, etc) in Medical Records Technology (now known as Health Information Management) through American Health Information Management Association out of Chicago. I received an Associate's Degree as an Accredited Records Technician and went to work for McKenzie-Willamette Hospital working as a diagnostic coder in the Medical Records Department. Later, I went to work for Sacred Heart Hospital here in downtown Eugene (prior to it becoming Peace Health).

(Bio Continued on Page 8)



Monthly Preview Friday, November 1 at 1:30 p.m.

-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

Music with Ciro Friday, November 1 at 3:30 p.m.

-Lobby

Come and enjoy the music by Ciro, as we remember those who have departed from our world. We will have an altar for Dia De Los Muertos where you can place a photo of a loved one who has passed and honor their memory.

Vijay Iyer Friday, November 1 at 7:30 p.m.

-The Shedd

Vijay Iyer is one of today's most important pianists. Over the last 25 years he has created a consistently innovative, emotionally resonant body of work, earning him a place as one of the leading music-makers of his generation. The Shedd Institute is extremely pleased to welcome back this trailblazing jazz luminary. Sign up at the Front Desk for free tickets.

Oregon Ducks Football Saturday, November 2, 9, 16, 30 at TBD

-Lounge

Football season is in full swing and the Ducks are doing great! If the game is televised we will have it on in the Lounge. Come support the home team. Go Ducks!

Microphilharmonic: A Baroque Autumn

Sunday, November 3
at 3:00 p.m.

-The Shedd

Alice Blankenship and her microphilharmonic Baroque ensemble on period instruments celebrate Autumn in fine Baroque style. The program will feature the immensely popular and influential "La Folia" by Arcangelo Corelli, and trace some of its immense

Activities & Special Events

influence both inside and outside Italy. This will be the "harvest" part of our Autumn feast. For the "hunt" part of the Autumn feast, we will have two Vivaldi concertos: "La Caccia" and "Autunno" from Vivaldi's *Four Seasons*. Sign up at the Front Desk for free tickets.

A Taste of Fall Culinary Experience Monday, November 4 at 12:30 p.m.

-Resident Kitchen

Today in the Resident Kitchen McKenzie will be preparing a selection of fall theme appetizers. Join us to try something new and enjoy good conversation with fellow residents. Please sign up in the Activity Book.

Eugene Hotel Bridge Players Mondays and Fridays at 12:30 p.m.

-Billiard Room

Do you play bridge or are you interested in learning? Come to the Billiard Room on Mondays at 12:00 p.m. for a 30 minute lesson with Carol Link before the game begins at 12:30 p.m. Join us to exercise your brain and have fun with others who enjoy playing cards.

Monday Night Football Monday, November 4 & 25 at 5:15 p.m.

-Lounge

Are you ready for some football? Join Ray or McKenzie on Monday, October 4 for the Tampa Bay Buccaneers vs. the Kansas City Chiefs with former Duck, Patrick Mahomes. On the 25th watch the Baltimore Ravens take on the Los Angeles Chargers with former Duck, Justin Herbert. Beer, soda and snacks provided. Don't forget your quarters to place your bets! This month the Hotel will be adding some money to the pot each quarter of the game.

Men's Group Wednesday, November 6 & 20 at 10:30 a.m.

-Lower Level

The Men's Group (Lower Level Lizards) will meet in the Lower Level to catch up and share insights. Topics up for discussion on the 6th "What Next-are the cows happy?" and November 20th, "AI: Is it good or bad?"

Mall Walking at Valley River Center Wednesday, November 6 & 20 at 10:30 a.m.

-Meet in the Lobby

Let's get out and get moving! With the weather being unpredictable, it can be difficult to get outside to walk for exercise. The bus will drop us for about an hour at Valley River Center. Use this time to walk at your own pace inside the dry, comfortable mall. Seating is located throughout the mall for you to stop and rest. Please sign up in the Activity Book.

Bus to Eugene Library Wednesday, November 6 & 27 at 12:00 p.m.

-Meet in Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.

Piano Meditations w/ Philip Bayles Wednesday, November 6 at 1:00 p.m.

-Lounge

Philip Bayles, noted conductor and founder of the Eugene Opera in 1977, returns to share more of his masterful piano stylings. Come to the Lounge to hear him on the piano on the first Wednesday of every month.

Creative Writing Thursday, November 7 at 2:00 p.m.

-Resident Kitchen

Join Dandelion on Thursday. If you've got the writing bug, and need to exercise your brain and share what you have written, you can join us this month with your fellow writers for lively discussion and exercises that will wake a tired brain!

Beverages on Broadway with the Elderberries

Friday & Sunday
November 8 at 3:30 p.m.
November 17 at 1:30 p.m.

-Lobby

Once again we are excited to welcome back the Elderberries. Three members of the Old Time Fiddler's make up the Elderberry Trio. Come and enjoy their songs and a drink from the bar in the Lobby.

Chair Massage
Monday, November 11 & 25
at 12:00-2:00 p.m.

-Exercise Room

If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.

Crafter's Corner: Melted Crayon Pendant or Keychain
Monday, November 11
at 1:30 p.m.



-Resident Kitchen

Let's melt crayons to make a wearable work of art! Once again we will melt crayons to make beautiful pendants that can be worn as a necklace or used for a keychain. All supplies will be provided.

Women's Group
Wednesday, November 13
at 10:30 a.m.

-Private Dining Room

Grab a cup of coffee and head to the private dining room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other! In the month of November we will discuss your favorite Holiday and a special memory that goes along with it.

Soup for the Soul
Wednesday, November 13
at 12:30 p.m.



-Resident Kitchen

Come to the Resident Kitchen for a bowl of soup and good conversation with fellow residents. This will be a nice time to enjoy a light lunch and get to know someone new. Please sign up in the Activity Book.

Yoga Ball Drumming with Octopus Rhythm Works
Thursday, November 14
at 1:30 p.m.



-Lounge

One of our most loved activities returns for our drumming pleasure. Claudia from Octopus Rhythm Works will bring health and healing through music to the Hotel. She leads an hour filled with rhythm, music and gets your arms moving! Research shows that active involvement with music and drumming provides neurological benefits and helps reactivate memories. No prior experience with music is needed. Everyone is a drummer! They will provide all the necessary equipment for our drumming experience.

Happy Hour with Musical Guest
Dakota Harris

Friday, November 15
at 4:00 p.m.

-Lobby



Please help us welcome this young musician for his first performance here at the Hotel. Dakota sings and plays the guitar in the stylings of Elvis. Stop by the bar for a tasty beverage to sip while you enjoy this talented musician.

Sunday Supper Club at Bill & Tim's Barbeque

Sunday, November 17
at 4:00 p.m.

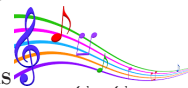


-Meet in the Lobby

Join us this month for Sunday supper right down the street at Bill & Tim's Barbeque. They offer a delicious variety of all the BBQ favorites including salads, smoked meat plates, burgers, sandwiches, mexican and more. Please sign up in the Activity Book.

Singing Circle with Kevin
Monday, November 18
at 1:30 p.m.

-Lounge



Join Kevin as he leads circle in the Lounge. Everyone is welcome and all genres of music are included. Bring a songbook if you have one.

Resident Guest Speaker, Leigh Files
Living in India Part 2
Wednesday, November 20
at 2:00 p.m.



-Lounge

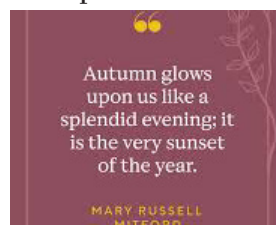
Leigh Files is excited to share with us again. Today is Part 2: The life-changing adventures of living in the village home of an Indian Muslim Family.

Tea & Poetry w/Dandelion
Thursday, November 21
at 2:00 p.m.



-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories which provided inspiration.



Breakfast Brigade at Glenwood
Friday, November 22

at 8:30 a.m.



-Meet in the Lobby

Join Ray for this monthly breakfast adventure to the Glenwood. The Glenwood has been a Eugene Staple for over 25 years and is just as good as ever! They offer scrambles, eggs benedicts, breakfast bowls, pancakes, french toast and more. Vegetarian and gluten free diets are easily accommodated. Please sign up in the Activity Book.

Beverages on Broadway with Gus Russell

Friday, November 22
at 2:00 p.m.



-Lobby

One of our favorites, Gus Russell, will entertain us once again while you sit and enjoy a tasty beverage from the bar. Come down to the lobby to pick your seat and enjoy the show!

A Tribute to Country Music Legends with Nick Jones

Monday, November 25
at 3:00 p.m.



-Lobby

Nick Jones is here to share his talent and love for country music with us as part of his Chugga Chugga Choo Choo Tour. Dust off your boots and put on that cowboy hat you've been saving just for this occasion. Be sure to belly up to the bar on your way to take a seat and enjoy this western talent fresh off the train.

Hoppy Sippers Tasting Field Trip to Falling Sky Brewery
Tuesday, November 26
at 3:00 p.m.



-Meet in the Lobby

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Today we will travel a few blocks away to Falling Sky Brewery. Steve, the owner and brewer has invited us over for a tasting and talk. He will share with us a sampling of their beers and a bit about the brewing process and equipment used. Please sign up in the Activity Book.

Resident Birthday Lunch
Wednesday, November 27
at 12:00 p.m.



-Dining Room

For those of you born in the month of November, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare your special meal.

Thanksgiving Buffet
Thursday, November 28
at 11:30 a.m. or 1:00 p.m.



-Dining Room
 Enjoy all of your classic holiday favorites prepared by Chef Ricky. Be sure to save room for the wonderful array of desserts. This year we will offer two seatings. The first seating will be at 11:30 and the second seating will be at 1:00. We will send out a form for you to fill out and return to the Front Desk.

TRIPS FOR NOVEMBER

Bargain Bus with Ray to Springfield with Lunch at KFC
Tuesday, November 5
at 10:30 a.m.



-Meet in the Lobby
 If you are looking for a bargain then this trip is for you! We will head east to the neighboring town of Springfield where Ray has mapped out all the best deals. A few of the stops are Club Thrift for their \$1 day, Grocery Outlet and he's clipped coupons for a lunch deal at KFC. Please sign up in the Activity Book.

Discover Downtown Salem with Lunch at McGrath's Fish House
Tuesday, November 12
at 10:00 a.m.



-Meet in the Lobby
 Join Ray and McKenzie as we travel about an hour north to the state capital, Salem. We will start by enjoying lunch at McGrath's Fish House which is much more than seafood. Then we will explore what downtown Salem has to offer. Please sign up in the Activity Book.

Coast Trip: Three River Casino Drop or Explore Florence with Lunch
Tuesday, November 19
at 10:00 a.m.



-Meet in the Lobby
 Join us for a coastal excursion. We will stop at Three Rivers Casino to drop those looking to test their luck. Then we will drive into Florence and enjoy lunch at a mystery destination. After lunch we will venture along the 101 for a peek at the ocean and to stretch our legs. Please sign up in the Activity Book.

Out to Lunch Bunch to Pho the Good Times
Tuesday, November 26
at 11:30 a.m.



-Meet in the Lobby
 Today we're staying in town for lunch in north Eugene at Pho the Good Times. They offer a variety of Vietnamese foods including noodle soup, fried rice, curry, sandwiches and more. Please sign up in the Activity Book.

WEEKLY EVENTS

Exercise Class with Erica and Phylli
Mondays, Wednesdays, Fridays
at 9:00 a.m.

-Exercise Room
 Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Bingo
Wednesdays, November 6, 13, 27 & Thursday, November 21
at 3:00 p.m.



-Game Room
 Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; surprises and/or money. It's only \$.75 to play.

Mahjong
Monday, November 11
at 3:00 p.m.



-Billiard Room
 Come to the Billiard Room for a friendly game of Mahjong. Don't forget your coin purse and a 2024 National Mahjong Card.

Hearing Aid Clinic w/ Jim
Wednesday, November 20
at 3:00 p.m.



-Library
 Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.

Please Welcome
New Resident

Dilya Mulvey -612

Qigong
Thursdays
at 9:30 a.m.



-Lounge
 Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.

Game Time w/Rudy
Thursdays
at 1:00 p.m.



-Billiard Room
 Join Rudy and some of your neighbors for a friendly round of dominos, rummikub, Scrabble and more.

Needle Arts Group
Thursday, November 7 & 21
at 1:30 p.m.

-Lower Level
 Needle Arts isn't just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.

Pool Sharks
Thursday, November 7 & 21
at 2:30 p.m.



-Billiard Room
 Come to the Billiard Room and shoot pool with fellow resident pool sharks. There are stools to sit on if you would rather just watch.

Play Poker with Alan
Saturdays
at 2:30 p.m.



- Billiard Room
 Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.

Creative Coloring
Sundays at 2:00 p.m.



-Resident Kitchen
 Join your neighbors for a relaxing coloring session upstairs in the resident kitchen. The books and coloring pens, markers and pencils will be in the cupboard under the phone.

(Michele's Bio Continued)

For some reason, while working at Sacred Heart, I decided to get married. Not one of my better decisions, but I learned a lot in that process. We were married for about 18 months before deciding it was healthier to be single. I changed departments at Sacred Heart and went to work for Home Health and Hospice, continuing on with the medical records and coding.

In 1994, it was time to move again and I went back to Crescent City with my knowledge of home health care and began a job at Sutter Coast Home Care and Hospice as business office supervisor. I was with Sutter Coast for ten years. It was great being back in my home town. I was active in my home church, the local theater group, and began singing in the women's barbershop chorus. By then, Bob and his wife had separated and we became close friends but it didn't lead to anything ... yet.

In 2003, I followed a call on my life that had been there for decades and I began the process to become a United Methodist Minister. While serving the church in Smith River, CA, I finished up my bachelor's degree, by distance learning (computer, Internet, and email this time) through St Joseph's College of Maine and received a Bachelor's in Liberal Arts with a Christian Tradition focus. I served the Smith River United Methodist Church from 2003-2007 before moving to Ohio to attend seminary at Methodist Theological School in Ohio where, in 2011, I received a Master's of Divinity degree. One of my treasures, while in Ohio, was taking an adult education class on

the art of Zentangle (see attached pictures). Learning the process and the possibilities was almost magical.

I stayed in Ohio until 2014, serving Rush Creek from 2007 and then picking up York Center in 2010, when I decided I really needed to get back to the West Coast and family. I was able to get an appointment in Rainier and St Helens. In 2018, I made a quick trip back to Crescent City as my dad had been sick. Bob and I went to lunch and, as we were saying good-bye in the parking lot, he kissed me. I had to head back to Rainier but knew I had a vacation coming up in a couple of weeks. As I drove home, I thought "when I come back, we're going to get married." And, yes indeed, we did. April 23, 2018 after knowing each other for a mere forty-two years.

In 2019, I left St Helens and stayed with Rainier for another year, until I retired in 2020. Due to an inability to find housing, Bob and I ended up in Baker City/Haines, OR for just under two years as I served both churches during COVID. As we all know, those years were not easy. I requested a move and was appointed to the church in Marquam, OR. This was my final position as a pastor. I had served 21 years when I finally decided it was time to stop. Bob and I had saved up enough money to make it possible to move into a retirement community. I was pretty adamant about not doing any more cooking and Bob wanted to be in a location where he could walk around downtown and be involved in various activities. The Eugene Hotel has worked well for both of us.

I've had the privilege of doing some international traveling including Canada, Mexico, Northern Ireland and the Republic of Ireland, England, the Netherlands, South Korea and Japan. There's more I'd like to see but I am happy with the places I've been able to visit.

My joys are singing, crocheting, Zentangle art, collecting cat statues, pictures, and knickknacks (I miss my cats), painting pottery, and adding to my collection of earrings. If you're ever on the second floor, head to the "new" section and check out my collection of autumn-colored tchotchkes at the end of the hall.

