



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community April 2025

April



National Poetry Month

Pink and blue

Pink and blue undulatus clouds decorate a clean spring sunset.
This Calm quiet day feels to be without regret.
A day of warm in this early spring.
A day to make a soul sing.
A day of quiet calm.
A healing balm.
Day of peace.
A release.
Reprieve.
At eve.

-Jim Weldy



My Car

I am a VW Beetle
just sitting in a parking lot
Waiting for my owner
to finally give me up
My other owner loves to drive
and takes me everywhere
When I finally said OK
As I waved goodbye
Now, I'm the one just sitting
-Olive W.

SECOND PAGE STARTS RESIDENT & STAFF POETRY SAMPLES

APRIL EVENTS
Activities and calendar
for April...pp. 3-7

BOOK GROUP
Residents will discuss *West with the Night*
by Beryl Markham ..p. 5

Gift from the Storm

It came in the night,
powerless against the pebbles.
By morning, it was dead.

We were used to the sea's
presents,
but a whale?

We called a meeting,
scientists confounded.

If we blew it up,
it would make
a greasy revenge on our roof,
anoint our doorsteps.

So, we took up our usual defense:
brought out our dissecting tools,
tried to reduce it to manageable
packets of bones,
hanks of tendons.

But blubber is not to be
persuaded by a scalpel.

Finally, we turned to the
machine, anchored flesh to steel,
hauled the sixty tons
inch by inch
into the cove
to where a frenzy of sharks
awaited.

Returned unopened
the gift from the storm.

-Linda Sage

“ A Short Poem ”

**The wind whispers
secrets, the sun
paints the sky,
a moment of beauty,
then it flies**

-Anonymous

Sunset

Purple clouds play on a peach
sky as dusk lords over the
Willamette.

This darkening sky hides view of
Sol's, our sun's, other planets.

A half moon that first shown
softly today at noon.

Will lose it's sky race and
become a full moon soon.

Dark clouds painted on this pale
sky with bold brush strokes

Promise rain in time, on field of
grass and wood of oaks.

This time is a balm; of eve's
calm.

-Jim Weldy



I can not know
I pretend I see the trees.
understand their cycles,
accept the crack of branches
in a windstorm.

The boy on the bicycle will,
I presume,

bring back groceries
to the house beyond the hill

(except the apple that rolls
toward the road's edge)

I only see smoke
from their chimney on cold days.

I shiver, lite the fire,
and bring in the cat.
(the mounded sky is clean,
the wind rising)

I shall not know,
I pretend to shut the door
on falling suns.

-Sue Harris



Coastal

The price paid to love
Isn't paid up-front
Life moves, a gaze
Cycles through cycles
Wave-like, in happenstance
Fleeting yet forward

Joyless and coarse, hope
Run amuck
Frozen in theory,
Looking in luck
It comes when it does
But I can't tell her that

I screw my head back on
Despite it being crooked,
Anticipate the footsteps,
Sun coats us in a film
Breeze hits our creases
Dreams do unravel, leave
Bruises and pieces

Bottled my peace,
Scrapped all of the love
Misty eyed tongue slithered
Free like a dove

I've been and I've wandered
Straight past the brook
I've seen and I've pondered
All I mistook
Wanes, the moon
Stuck inside of your eyelids
Panes of windows smack
shutters
Alternative timing

In the days before I left
The remnants of your island
I stashed agates, like acorns
Or something worth speaking

-Iris



APRIL

Activities & Special Events

Hot Oatmeal Bar
Tuesday, April 1
at 10:30 a.m.



-Dining Room

Come to the Dining Room for this tasty resident favorite. Enjoy a delicious bowl of oatmeal topped just the way you like it!

Monthly Preview
Tuesday, April 1
at 12:30 p.m.



-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

Men's Group
Wednesday, April 2, 16 & 30
at 10:30 a.m.



-Lower Level

The Men's Group (Lounge Lizards) will meet in the Lower Level to catch up and share insights. Topics up for discussion on the 2nd, "Is American Democracy in trouble?" On April 16th, "Life experience in the Hotel." On April 30th, "Share notable Indian authors."

Piano Meditations w/Phillip Bayels
Wednesday, April 2
at 1:00 p.m.



-Lounge

Philip Bayels, noted conductor and founder of the Eugene Opera in 1977, returns to share more of his masterful piano stylings. Come to the Lounge to hear him on the piano on the first Wednesday of every month.

First Friday ArtWalk Pop-Up Gallery with Musical Guest

Friday, April 4
at 5:30-8:00 p.m.



-Lobby

Come celebrate art as the Lobby turns into a pop-up art gallery and joins the Downtown First Friday ArtWalk. We will feature works created by our talented residents and staff in a variety of mediums. Our special musical guest will be Dakota Harris. **If you have art you'd like to show, please see Bre at the Front Desk.**

Saturday Market
Saturdays, April 5, 12, 19, 26
at 10:00 a.m.-4:00 p.m. (OYO)

-Park Blocks

It's that time of year again, Spring has sprung and the Saturday Market is back! The Market is held every Saturday through Fall only a few blocks away from the Hotel in the Park Blocks. Enjoy wandering through the colorful artisan booths, listening to live music, eating from one of the many food stalls and checking out the beautiful bounty in the farmers market pavilion.

Energy Work Massage with Lisa
Monday, April 7 & 21

at 12:00-2:00 p.m.



-Exercise Room

Lisa our female masseuse will be at the Hotel on the first and third Monday of each month. Her rate is \$20 for 15min. Sign up in the Activity Book to reserve a time slot.

Soup for the Soul
Monday, April 7 & 21
at 12:30 p.m.



-Lounge

Come to the Lounge and join fellow residents in a warming bowl of soup and good conversation. This will be a nice time to enjoy a light lunch and get to know someone new. No need to sign up, everyone is welcome.

Women's Group
Wednesday, April 9
at 10:30 a.m.



-Private Dining Room

Grab a cup of coffee and head to the private dining room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other! In the month of April we will discuss our favorite flowers, and memories of special gardens throughout our lives.

Song Circle with Kevin
Wednesday, April 9
at 1:30 p.m.



-Lounge

Join Kevin as he leads a singing circle in the Lounge. Everyone is welcome and all genres of music are included. Bring a songbook if you have one.

Travelogue: Carol Link's Adventures in India

Friday, April 11
at 1:00 p.m.



-Lounge

Come and hear all about Carol's trip to India. She will have a slide show of photos from her sixteen days in a magic land.

Bre's Petting Zoo

Sunday, April 13
at 2:00 p.m.



-Lobby

Goats & Bunnies & Hamsters oh my! Come to the Lobby to get your cuddles from Bre's Farm Critters.

Chair Massage with Lawrence

Monday, April 14 & 28
at 12:00-2:00 p.m.

-Exercise Room

If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book to reserve a time slot.

Hoppy Sippers
Monday, April 14
at 3:00 p.m.



-Lounge

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. This month we are pleased to welcome Paul from ColdFire Brewing Company. He is coming to the Hotel to share a selection of their beers and talk to us about some of the unique things they are doing.

Bus to Eugene Library
Wednesday, April 16
at 12:00 p.m.



-Meet in Lobby

Come along on our monthly trip to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.

Crafter's Corner: Fasinator Making & Hat Decorating
Wednesday, April 16
at 1:00 p.m.



-Resident Kitchen

Come have fun with flowers, feathers, headbands and hot glue! We will be making fabulous fasinators that you can wear to Easter Brunch, High Tea and the Kentucky Derby. All supplies will be provided. Or bring a hat to spruce up.

Shoppes at Gateway the SHOPPES at
Friday, April 18 **GATEWAY**
at 10:30 a.m.

Newly added shopping trip to the Gateway Shoppes which include, Ross, Marshalls, Hobby Lobby, Target and Khols. If you would like to go please sign up in the Activity Book.



Easter Craft: Sock Bunnies
Friday, April 18
at 1:00 p.m.

-Resident Kitchen

Join Bre & Savanna up in the Resident Kitchen where we will make sock bunnies, a cute decoration that you can display for the season or even give away as a gift. We will also have a paint station set up if you would like to paint an Easter Egg on canvas. All supplies will be provided.

Yoga Ball Drumming
Wednesday, April 23
at 1:30 p.m.



-Lounge

Join your neighbors for a Hotel favorite! Claudia and Lisa from Octopus Rhythm Works will bring health and healing through music to the Hotel. Research shows that active involvement with music and drumming provides neurological benefits and helps reactivate memories. No prior experience with music is needed. Everyone is a drummer! They provide all the equipment we'll need. You don't want to miss this event!

Guest Speaker Lori from
5 Star Concierge
Thursday, April 24
at 1:00 p.m.



-Lounge

Come and hear what our Guest Lori from 5 Star Concierge Lifestyle & Household Management Solutions has to share with us. They assist families to help clients navigate the healthcare system and provide client advocacy in the doctors office, the hospital, the emergency room or skilled nursing facilities, among many other

Beverages on Broadway with Gus
Thursday, April 24
at 2:30 p.m.



-Lobby

Join us in the Lobby to welcome one of our favorites, Gus Russell. Your ears are sure to appreciate his extensive talents on the piano. Grab a drink, take a seat and enjoy the show.

Breakfast Brigade to Addi's Diner
Friday, April 25
at 8:30 a.m.



-Meet in the Lobby

Join Ray for this monthly breakfast adventure to Addi's Diner. A popular corner diner serving generous portions of classic breakfast & lunch fare in 1950's-style digs. They offer hotcakes, omelettes, biscuits and gravy and more. If you'd like to come along, please sign up in the Activity Book.

Sunday Supper Club to the Gordon
Sunday, April 27
at 4:00 p.m.



-Meet in the Lobby

Join us this month for Sunday supper just a few blocks away at the Gordon Tavern, situated on the main floor of the Gordon Hotel, it's an oasis of Americana. We will enjoy Happy Hour, offering a variety of shared plates, salads, tavern burger, artisan pizza among other delightful options. For beverages they have cocktails, wine by the glass, as well as beer and ciders on draft. Sign up in the Activity Book.

Freshly Made Green Juice
Monday, April 28
at 10:30 a.m.



-Dining Room

Head to the Dining Room for an afternoon pick me up of freshly made juice. You get to choose from a variety of delicious fruits and veggies to create a custom juice just for you.

High Tea and Poetry
Wednesday, April 30
at 1:00 p.m.



In celebration of April being national poetry month we are having a special high tea to accompany the poetry readings this month. Bring a favorite poem to share or come to enjoy your neighbor poet. This is a great opportunity to show off the fasinator or hat you made!

TRIPS FOR APRIL

Bargain Bus Around Town with Lunch at Papa's Pizza
Tuesday, April 8
at 10:00 a.m.



-Meet in Lobby

Join us for a day of bargain hunting. We will hit the usual good deal spots including Grocery Outlet and Club Thrift. Once we've shopped till we dropped, we will enjoy lunch at Papa's Pizza. They offer an all you can eat lunch buffet including pizza, salad and bottomless soda or you can get pizza by the slice. Please sign up in the Activity Book.

Coastal Adventure: Drop at Three Rivers Casino or Lunch in Florence
Tuesday, April 15
at 10:00 a.m.



-Meet in Lobby

Join us on a coastal adventure! First we will stop at Three Rivers Casino for those of you who would like to take a chance on hitting the jackpot and having lunch there in the casino restaurant. If gambling isn't for you, then stay aboard the bus to the next destination. We will continue down the road to Florence where we will have lunch at a mexican restaurant called Rosa's. Weather permitting we can check out some look out spots along Hwy 101 before we make our way back to the casino on the way home. Please sign up in the Activity Book.

Mystery Trip with Lunch
Tuesday, April 22
at 10:00 a.m.



-Meet in the Lobby

Today all is a mystery! Ray will be at the wheel as we board the bus for a mystery destination. As part of this adventurous day we will enjoy lunch at yet another mysterious location! Sign up in the Activiy Book if you would like to come along.

Lunch at Cheif's BBQ in Coburg then Tour of Pete Moore Hospice House & Grounds
Tuesday, April 29
at 11:00 a.m.



-Meet in Lobby

Join Ray for a short trip north, to the little town of Coburg, OR. We will be having lunch at Chief's BBQ. Their meuu will have you wanting a little of everything! From burgers and wings to a full list of BBQ, located in a historical building. After lunch we will visit Cascade Health's Pete Moore Hospice House, Lane County's only hospice house. We will have a guided tour of the beautiful facility both inside and out, and learn about all that they offer. Please sign up in the Activity Book.



WEEKLY EVENTS

Exercise Class with Erica and Phyli
Mondays, Wednesdays, Fridays
at 9:00 a.m.

-Exercise Room

Join Phyli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Eugene Hotel Bridge Players
Mondays
at 12:30 p.m.

-Billiard Room

Do you enjoy playing bridge? If so join us in the Billiard Room to exercise your brain and have fun with others who enjoy playing cards.



Mahjong
Monday, April 7 & 21
at 2:30 p.m.

-Billiard Room

Come to the Billiard Room to try something new, McKenzie will be teaching the Chinese version of Mahjong. There is no card needed making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new please join us.



Mall Walking at Valley River Center

Monday, April 14 & 28
at 10:30 p.m.

-Meet in the Lobby

Let's get moving! The mall is a great indoor walking venue. The bus will drop us for about an hour. Please sign up in the Activity Book.



Bingo
Wednesdays 2, 9, 23, 30
Thursday 17
at 3:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; surprises and/or money. It's only \$.75 to play.



Hearing Aid Clinic w/ Jim
Wednesday, April 16
at 3:00 p.m.

-Library

Jim from Goodman Hearing will be in the Library on the Lower



Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.

Qigong
Thursdays
at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



Game Time with Rudy
Thursdays
at 1:00 p.m.

-Billiard Room

Join Rudy and other fellow residents for a friendly board game. No matter the game it will be a good time!

Needle Arts Group
Thursday, April 3 & 17
at 1:30 p.m.

-Lower Level

Needle Arts isn't just knitting! Bring your project to the new location in the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.

Creative Writing
Thursday, April 3
at 2:00 p.m.

-Resident Kitchen

Join your fellow residents on Thursday for some fun writing activities that will wake a tired brain up! You may follow creative prompts provided by Dandelion, or free write whatever is on your mind. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



Central Synagogue NY Streaming Service

Saturdays
at 12:30 p.m.

-Lounge

Join Harriet and Erika in the Lounge if you would like to watch the online service.

Play Poker with Alan
Saturdays
at 2:30 p.m.

- Billiard Room

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.



Please Welcome New Residents

Jackie Daugherty- 601
Addie Lou Willis- 703
Susan Diehl- 301

My Name is Hurricane

They used to pray to me, you know?
Really.

Make offerings of their lives, blood;
and even the lives entire
of their nobles
and children and slaves
By The Hundreds

Damnit, I was really Somebody

Processions and beating themselves
and each other with thorn branches
and whips till the blood covered the
streets!

And now?

All they say is about my absence
and they don't crawl up the
mountain
to the deserted altars or beg my
pardon
for their neglect.

There is a balance that must be
kept.

And when I can no longer. . .

Restrain myself
and the floods gather
in the sky
and I manifest myself.

In torrents.
they tally up the dead
and damaged
and are astonish
that again I have extracted
the price not paid.

The fury of the Air
and Water smiting the Earth
as the shorn branches
are rendered
to equal up the pain
and destruction
Then as Now.

They make no offerings
but the price is the same
The Storm will come, Like it or not.

-Sheila M.

More Poetry

THE LANGUAGE OF LOVE

She said I love you
With her sewing machine.
Carefully matching the lines
Of the green and black plaid
On the Pendleton Wool.
A reversible, pleated skirt
Made one size too large
So I would grow into it.

She said I love you
With her knitting needles.
Clicking through the cream-colored yarn
When she made the Aran sweater,
Using a pattern sent to her
By an aunt in Ireland.
Made one size too large
So I would grow into it.

She said I love you,
Never with words, but with her hands.
Painstakingly matching the patterns,
Matching the seams.
Each stitch perfect on the sweater or dress
Made one size too large
So I would grow into it.

Meredith Wiley



DELIGHT

Tending to my amaryllis
Not too wet, not too dry.
It's already sprouting lightly.
Reaching for the sky.

Anticipating the color,
Whispering loving words of praise
An unopened pod
Slowly starts to raise.
Pink and white
Is the perfect bloom
Open slowly
Leaving the womb.

The whole process
Is a wonderful gift.
A treat to the eye
Gives my heart a lift.

Worth the wait.
Mystery and surprise
Another blossom
Starts to rise.

Ecstasy and perfection,
Mother Nature does it right.
Surely this creation
Is love and pure DELIGHT.

Lyn Fischrup

Upward with powerful wing's
She fights against the earths forces
Until at last she finds the stream
That rips her from her struggle
and gently, silently, carries her
forward.
She rides the invisible current
yields to its rhythmic flow
setting her goal within its
embracing boundary
in harmony with all that surrounded
her
strength and change
she celebrates in golden fight her
freedom.

-Nancy D.

