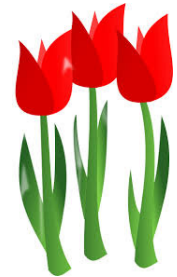
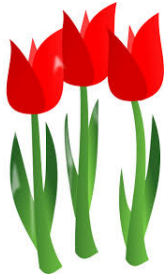




The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community May 2025



Welcome the Month of May with the Kentucky Derby, Cinco de Mayo and of course Mother's Day!



Evelyn with her Children



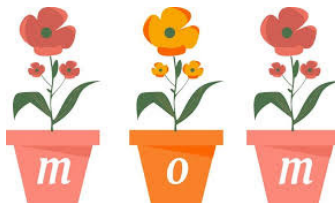
Shirley G. with her Daughter & Granddaughter



Anita Going with her Mom



Phyllis W. with her Mom

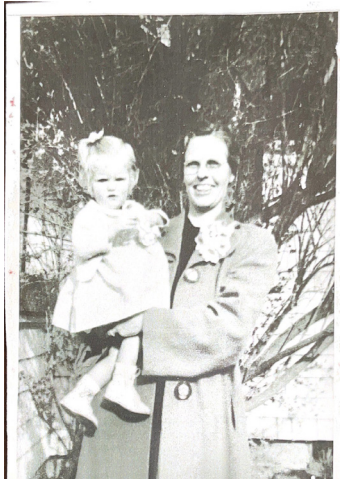


Iris with daughter Aurora

SECOND PAGE RESIDENT'S WITH THEIR OWN CHILDREN OR MOMS

MAY EVENTS
Activities and calendar for May...pp. 3-7

BOOK GROUP
Residents will discuss *The Girl on the Train* ..p. 5



Meredith with her Mom



Gwen with her Mom



Michele H. with her Mom



Lyn with her Mom



Harriet with her Mom & Brother



Erika with her Mom



Judith M. with her Mom



Bre with Savanna



Barbara H. with her Mom



Dandelion with their Mom



Mandi with her daughter



**Monthly Preview
Thursday, May 1
at 12:30 p.m.**



-Lounge
Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

**Emerald Dog Show
Friday, May 2
at 1:00 p.m.**



-Lounge
Let's welcome back the Emerald Dog Obedience Performers. The dogs range in breeds, size and tricks. We will sit in a big circle while they demonstrate their skills, then they will make their rounds for their well earned ear scratches. You won't want to miss these furry visitors.

**First Friday ArtWalk Pop-Up
Gallery with Musical Guest
Friday, May 2
at 5:30-8:00 p.m.**



-Lobby
Come celebrate art as the Lobby turns into a pop-up art gallery and joins the Downtown First Friday Artwalk. We will feature works created by our residents and staff in a variety of mediums. Our Special musical guest will be Dakota Harris. **If you have art you'd like to display, please see Bre or the Front Desk.**

**Kentucky Derby Party
Saturday, May 3
at 3:00p.m.**



-Lounge
This afternoon the Lounge will be transformed into Churchill Downs as we celebrate the **Tiztastic** 151st Kentucky Derby. Don't let the **Sandman** deter you from hobnobbing with the likes of the **Publisher, Rodriguez, Owen Almighty** and **Grande** as they sip mint juleps. Anticipation has **Built** as we near the **Final Gambit**. People have traveled far and wide from **Tappan Street, Burnham Square, East Avenue** and even **Luxor Cafe to Admire Daytona** and take part in this **American Promise** and the winning of a **Chunk of Gold**. Don't forget your dollar if you want to bet on a horse.

Activities & Special Events

**Soup for the Soul
Monday, May 5 &
Thursday, May 22
at 12:30 a.m.**



-Lounge
Come to the Lounge and join fellow residents for a bowl of soup and good conversation. This will be a nice time to enjoy a light lunch and get to know someone new. On Monday, the 5th we will be having pozole verde. On Thursday, the 22nd come to find out what's cooking. No need to sign up, everyone is welcome. If you have a recipe that you would like us to use please see McKenzie.

**Cinco De Mayo Theme Dinner Buffet
with Margaritas
Monday May 5
at 4:30 p.m.**

-Dining Room
Come enjoy a festive dinner in honor of Cinco de Mayo! Ricky will serve all of your favorite Mexican dishes and of course chips and salsa. McKenzie will also have pitchers of fresh margaritas to enjoy!

**Hot Oatmeal Bar
Tuesday, May 6
at 10:30-11:30 a.m.**



-Dining Room
Come to the Dining Room to enjoy a delicious bowl of oatmeal topped just the way you like it along with great conversation from fellow residents. Next month we're switching to yogurt parfaits for the sunny months so be sure to get in on this tasty treat!

**Bus to Eugene Library
Wednesday, May 7 & 28
at 12:00 p.m.**



-Meet in Lobby
Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.

**Piano Meditations w/Philip Bayles
Wednesday, May 7
at 1:00 p.m.**



-Lounge
Philip Bayles, noted conductor and founder of the Eugene Opera in 1977, returns to share more of his masterful piano stylings. Come to the Lounge to hear him on the piano.

**Second Floor Patio Planting Party
Thursday, May 8
at 12:30 p.m.**



-Billiard Room
Let's celebrate Spring and the beautiful weather we've been having! Today we will get outside and get our hands dirty while filling flower pots to add colorful pops of color to the Second Floor Patio. All supplies will be provided including hibiscus lemonade and cookies.

**Guest Speaker Rebecca: Mason Bees
Presentation
Friday, May 9
at 3:00 p.m.**



-Lounge
Join us in the Lounge to hear all about Mason Bees and the huge affect they have on our planet even though they are so small. We will learn about their history, life cycle and all the benefits they bring.

**Mother's Day Brunch w/Harp Music
by David Helfrand
Sunday, May 11
at 11:30 a.m.-1:30 p.m.**



-Dining Room
Come and enjoy Mother's Day Brunch with your neighbors, friends and family to celebrate those special ladies. Chef Ricky will prepare a delicious array of breakfast options and brunch favorites. Mimosas will be served. If you would like to have guests join you for this special day, please let the Front Desk know ahead of time so that we can have everyone seated together with their family and friends.

**Chair Massage w/Lawrence
Monday, May 12 & 26
12:00-2:00 p.m.**



-Exercise Room
If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.

**Hoppy Sippers
Monday, May 12
3:30 p.m.**

-Lounge
Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Once again we will have a variety of beers to sample along with snacks.



Men's Group
Wednesday, May 14 & 28
at 10:30 a.m.

-Lower Level

The Men's Group (Lower Level Lizards) will meet in the Lower Level. On May 14 we will discuss, More men in the Hotel? How? On May 28 our topic of discussion is, How to get old and like it.

Women's Group
Wednesday, May 14
at 10:30 a.m.



-Private Dining Room

Grab a cup of coffee and head to the Private Dining Room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other!

Travelogue: Dandelion's African Experience
Sunday, May 14
at 1:00 p.m.



-Lounge

Join Dandelion for the tales of adventures with colleen, Abdu and all his family, from Dakar to Theis. Enjoy the presentation with a cup of bui, a delicious drink brought back from Africa and prepared by Dandelion.

WildArt! Painting Class with Ken
Thursday, May 15
at 1:00 p.m.



-Resident Kitchen

WildArt! is a fun group art process to paint freely what is in you. There's lots of colors of paint and lots of paper. They are simple instructions on how to free yourself to paint this way. Ken has led diverse groups over a hundred times in the past 33 years. Won't you join us to make some colorful paintings for yourself?

Sunday Supper Club to ColdFire Brewing Co.

Sunday, May 18
at 4:00 p.m.



-Meet in the Lobby

Join us this month for Sunday supper as we go right down the street to ColdFire Brewing. Last month Paul wowed the Hoppy Sippers with a great selection of beers. ColdFire will have 3 food trucks opened on Sunday. They are Stretched Noodles offering a variety of handmade noodle and wonton dishes. Yabai Nikkei offering salad, ramen, rice dishes, sandwiches and miso soup. Paper Plate BBQ offering smoked brisket, pulled pork, a variety of sides and daily specials. Please sign up in the Activity Book.

Clothing Exchange
Wednesday, May 21
at 11:00a.m.-2:30p.m.



-Lounge

Come shop your neighbor's closet at the much anticipated clothing exchange! We will turn the Lounge into a boutique where you'll find everything from shirts and pants, to bags and shoes. We will have mirrors around the room, come check it out and find something you didn't know you couldn't live without! All residents are welcome. If you haven't done your spring cleaning now's the time. Bring any gently used clothing, shoes or accessories in bags or boxes (there's a box room on the Lower Level) to Bre's office by Friday, May 16th.

Beverages on Broadway w/Gus Russell

Friday, May 23
at 2:00 p.m.



-Lobby

One of our favorites, Gus Russell, will entertain us once again. Enjoy a refreshing beverage from the bar while you listen to some great music. Always a resident favorite.

Memorial Day BBQ Buffet Dinner
Monday, May 26
at 4:30-6:00 p.m.



-Dining Room

Chef Ricky is excited to share a generous selection of his BBQ favorites with you along with delicious sides and all the trimmings. Be sure to come hungry!

Resident Birthday Lunch
Thursday, May 28
at 12:00 p.m.



-Dining Room

For those of you born in the month of May, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare your special meal.

Yoga Ball Drumming with Octopus Rhythm Works
Thursday, May 29
at 1:30 p.m.



-Lounge

Join your neighbors for a Hotel favorite, Yoga Ball Drumming. Claudia and Lisa from Octopus Rhythm Works bring everything we need for the Drumming Circle. Research shows that active involvement with music and drumming provides neurological benefits and helps reactivate memories. You don't want to miss this event! Sign up in the Activity Book so you're sure to have a seat.

Breakfast Brigade at Johnny Ocean's
Friday, May 30
at 8:30 a.m.



-Meet in the Lobby

Join Ray for this monthly breakfast adventure to Johnny Ocean's at the Oakway Center. They offer steak and eggs, pancakes, french toast, a variety of omelettes and biscuit sandwiches. Please sign up in the Activity Book.

TRIPS FOR MAY

Hendricks Park with Stop at Prince Puckler's Ice Cream or Sweet Life
Tuesday, May 6
at 12:30 p.m.



-Meet in Lobby

It's time to start enjoying the great outdoors once again! Spring has sprung! Come along as we visit Eugene's oldest City Park. Hendricks Park is a beautiful 80 acres of rhododendrons, native ornamental plants, and trees over 200 years old. You can stroll along a trail, or just sit and listen to the birds while taking in the fresh air. After the park, we will stop for a sweet treat at Prince Puckler's Ice Cream and Sweet Life. They are conveniently located next to each other so you can let your sweet tooth be your guide. Please sign up in the Activity Book.

10:00 Tour at Leaping Lamb Farm in Alsea w/Picnic Lunch \$12
Tuesday, May 13
at 10:00 a.m.

-Meet in Lobby

Join us today for a beautiful drive and farmland adventure! Leaping Lamb Farm originally homesteaded in 1862, is now a small family farm and farm stay located in a quiet creek valley of the Coast Range. The farm is home to a variety of animals and chores that come with them. During our day trip we will get to pet and feed the livestock as well as relax, escape the noisy city and enjoy a picnic lunch. Please sign up in the Activity Book and pay at the Front Desk by May 9th.

LEAPING LAMB FARM



AND FARM STAY
alsea, oregon

Schreiner's Iris Garden in Salem with Picnic Lunch \$12

Tuesday, May 20 at 10:00 a.m.

-Meet in Lobby

The garden should be in full bloom, making it the perfect place to spend the afternoon and enjoy a picnic. Take your time wandering the 10-acre garden and looking through the gift shop for bulbs or fresh cut flowers to brighten your apartment.

The \$12 includes entry to the garden and a picnic lunch. Please sign up in the Activity Book and pay at the Front Desk by May 16th.



Coastal Adventure: Drop at Three Rivers Casino or Lunch in Old Town with Beach Walk

Tuesday, May 27 at 10:00 a.m.

-Meet in Lobby

If you want to try your hand at winning the jackpot then our first stop is just for you, Three Rivers Casino. Otherwise stay on the bus for the next destination which will be Old Town in Florence for a coastal lunch and a walk on the Beach. On our way home we will swing by the Casino and pick up all the lucky winners and head back to the hotel in time for dinner. Please sign up in the Activity Book.



WEEKLY EVENTS

Exercise Class with Erica and Phylli Mondays, Wednesdays, Fridays at 9:00 a.m.

-Exercise Room

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Eugene Hotel Bridge Players Mondays & Fridays at 12:30 p.m.

-Billiard Room

Do you enjoy playing bridge? If so join us in the Billiard Room to exercise your brain and have fun with others who enjoy playing cards.



Mahjong Monday, May 5 & 19 at 2:30 p.m.

-Billiard Room

Come to the Billiard Room to try something new. McKenzie will be teaching the Chinese version of Mahjong. There is no card needed making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new please join us.



Mall Walking at Valley River Center Monday, May 12 at 10:30 a.m.

-Meet in the Lobby

Let's get moving! Valley River Center is a great place to get in your steps with level flooring, benches for resting, food court and lots of shops. Please sign up in the Activity Book.



Bingo Wednesdays 7, 14, 28 & Thursday 22 at 3:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning; prizes; surprises and/or money. It's only \$.75 to play.



Hearing Aid Clinic w/ Jim Wednesday, January 21 at 3:00 p.m.

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.



Qigong Thursdays at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



Needle Arts Group Thursday, January 1 & 15 at 1:30 p.m.

-Lower Level

Needle Arts isn't just knitting! Bring your project to the new location in the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.



Tea & Poetry w/Dandelion Thursday, May 15 at 2:00 p.m.

-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.



Creative Writing Thursday, January 8 & 22 at 2:00 p.m.

-Resident Kitchen

Join your fellow residents on Thursday for some fun writing activities that will wake a tired brain up! You may follow creative prompts provided by Dandelion, or free write whatever is on your mind. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



The Saturday Market Saturdays 10:00a.m.-4:00p.m. OYO

The Saturday Market is held every Saturday through November a few blocks from the Hotel in the Park Blocks. Enjoy wandering through the colorful artisan booths, listening to live music, eating from one of the many food stalls, stopping by to visit Dandelion's booth, and checking out the beautiful bounty in the farmer's market area.

Central Synagogue NY Streaming Service Saturdays at 12:30 p.m.

-Lounge

Join Harriet and Erika in the Lounge if you would like to watch the online service.

Play Poker with Alan Saturdays at 2:30 p.m.

- Billiard Room

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.



Creative Coloring Sundays at 2:00 p.m.

-Resident Kitchen

Join your neighbors for a relaxing coloring session upstairs in the resident kitchen.



Coming in June-

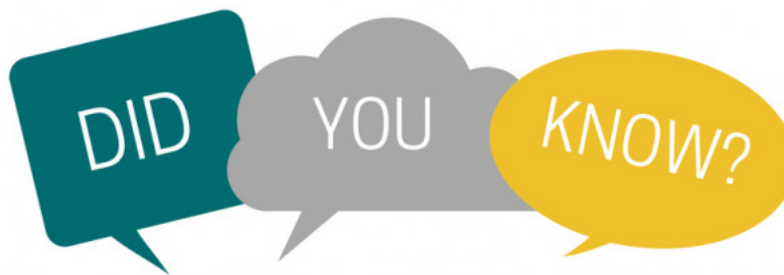
The Eugene Hotel Turns 100!!

Father's Day



Please Welcome New Residents

Patrick Waters-604
Nancy Johnson-222
Lynn Kenyon-Ramer-307
Lillian Tully-303
Boyd Brumley-417



* There is a Clear View Reading Machine that magnifies and enhances small text, located on the Lower Level for all to use.

*The Quiet Room located on the 7th Floor, may be used for meditation, prayer or reflective thinking

*The Eugene Hotel Art Room is located down the hall on the Lower Level. Just take a left after the restrooms.

*Personal shopping carts are stored in the closet next to the elevators for anyone to borrow for groceries or whatever you need.

*The Library is located on the Lower Level, with a variety of books to check out. There is also a large print section.

*The Box Room is located on the Lower Level, there you may recycle sturdy clean boxes for others to re-use.

*The Front Desk Sells Postage Stamps for 73 cents ea.

*Our Lost and Found is located at the Front Desk

*The 3rd Floor Closet across from Apt# 311, stores extra walkers, wheelchair and other items to borrow.

*When going on a trip in our bus, you may ask for a pillow or footstool for your comfort.

*If you ever feel like you could benefit from a tour once you've moved in, just ask and we would be happy to show you around and help you feel even more at home.

*The Billiard Room is on the 2nd Floor for anyone to use.

*The Resident Kitchen on the 2nd Floor is a full kitchen for anyone to use for baking or a family gathering. The sign up list hanging on the fridge is to ensure you have the kitchen all to yourself for whatever you'd like to use it for.