



# *The* Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

July 2025



## **EUGENE HOTEL SIDEWALK SALE SATURDAY, JULY 26 9AM-3PM**

Sign up at the front desk to reserve your table for our annual sidewalk sale. Then begin to empty out your storage unit or the boxes in your closet that were never unpacked! The sidewalk in front of the Hotel will be lined with great “treasures” from our resident and staff. The staff will be happy to help you set up your wares. If you have nothing to sell then come and shop.

**SECOND PAGE,  
OUR YEAR AT A GLANCE**

**JULY EVENTS**  
Activities and calendar  
for July...pp. 3-7

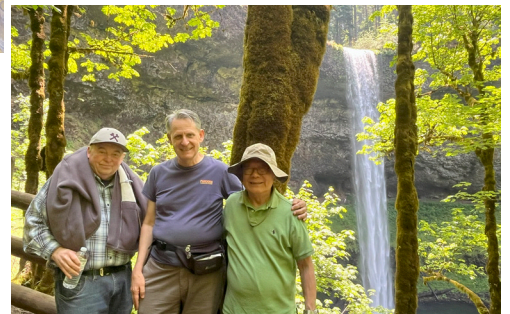
**BOOK GROUP**  
Residents will discuss the series of  
mystery novels by *Donna Leon* ..p. 5



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# Our Year at a Glance...

Bingo, Parties, Music & Trips





# JULY



## Activities & Special Events



### Freshly Made Green Juice

**Tuesday, July 1**  
**at 10:30-11:30 a.m.**

#### -Dining Room

Join McKenzie in the Dining Room for a glass of juice made just to your liking. Choose from a delicious variety of fruits and vegetables.



### Monthly Preview

**Tuesday, July 1**  
**at 12:30 p.m.**

#### -Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.



### Smoothies on the Patio

**Thursday, July 3**  
**at 12:30-1:30 p.m.**

#### -Billiard Room

Today McKenzie will be blending up a variety of smoothies. Come grab a refreshing afternoon treat to enjoy outside on the Patio.

### Independence Day BBQ Buffet

**Friday, July 4**  
**at 4:30-6:30 p.m.**

#### -Dining Room

Join us in the Dining Room for a mouth watering bbq buffet. Chef Ricky will prepare all of the bbq favorites and Ray will be serving up cold beers and soda.

### Nifty 90's Waffle Brunch

**Monday, July 7**  
**at 12:00 p.m.**

#### -Lounge

Let's celebrate our nonagenarians! If you have had at least 90 birthdays then you are invited to our Nifty 90's. Come to the Lounge for a delicious waffle topped with whipped cream & berries, bananas & pecans or butter & syrup. Eat your specialized waffle while enjoying the friendship of fellow nonagenarians.



### Men's Group

**Wednesday, July 9 & 23**  
**at 10:30 a.m.**

#### -Lower Level

The Men's Group (Lower Level Lizards) will meet in the Lower Level. On July 9th we will discuss Lagniappe. On July 23rd our topic of discussion is Competition: Want some?



### Alton Baker Park Walk/Stroll

**Wednesday, July 9**  
**at 10:30 a.m.**

#### -Meet in the Lobby

Today we will head down the street to spend an hour at Alton Baker Park. Feel free to walk briskly, stroll leisurely or just sit and enjoy the outdoors. Please sign up in the Activity Book.



### Bus to Eugene Library

**Wednesday, July 9 & 30**  
**at 12:00 p.m.**

#### -Meet in the Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.



### Guest Speaker: TJ's Dispensary

**Cannabis Talk**  
**Thursday, July 10**  
**at 1:00 p.m.**

#### -Lounge

An employee from our neighborhood TJ's dispensary is coming to talk about all things cannabis. Join us to learn something new and bring your questions.



### WildArt! Painting with Ken

**Friday, July 11**  
**at 1:00 p.m.**

#### -Resident Kitchen

WildArt! is a fun group art process to paint freely what is in you. There's lots of colors of paint and lots of paper. They are simple instructions on how to free yourself to paint this way. Ken has led diverse groups over a hundred times in the past 33 years. Won't you join us to make some colorful paintings for yourself?



### Sunday Supper Club at Claim 52

**Brewing's New Location**  
**Sunday, July 13**  
**at 4:00 p.m.**

#### -Meet in the Lobby

Join us this month for Sunday supper as we go to Claim 52's new location 232 Lincoln. In this new bigger location they have partnered with Seasoned Northwest and offer elevated pub grub, burgers, seasonal bisque, steak bites & frites, birria nachos, small plates, salads and more. Please sign up in the Activity Book.



### Chair Massage w/Lawrence

**Monday, July 14 & 28**  
**12:00-2:00 p.m.**

#### -Exercise Room

If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.

### Exotic Fruit Tasting

**Monday, July 14**  
**at 1:30 p.m.**

#### -Resident Kitchen

Come to the Resident Kitchen to sample a fun variety of fruits that may be new to you. We're hoping to have Lychee, jackfruit, rambutan, dragon fruit, logan, cherimoya, papaya, guava and others. Join us and try something new.



### Women's Group

**Wednesday, July 16**  
**at 10:30 a.m.**

#### -Private Dining Room

Grab a cup of coffee and head to the Private Dining Room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other!



### Guest Speaker Doug Blandy: The

**Arts and Healthy Aging**  
**Wednesday, July 16**  
**at 1:30 p.m.**

#### -Lounge

Today Doug from Emerald Arts is coming to share with us a power point presentation about the relationship between art and healthy aging.

### Salad Social

**Thursday, July 17**  
**Monday, July 28**  
**at 12:00 p.m.**

#### -Lounge

Come to the Lounge and join fellow residents for a light salad lunch and good conversation. McKenzie will make a variety of salads for you to enjoy. On July 28 in addition to salads we will have coffee milkshakes to celebrate coffee milkshake day. No need to sign up.



### Beverages on Broadway with Gary on Guitar

**Friday, July 18**  
**at 3:30 p.m.**

#### -Lobby

Head on down to the Lobby for a refreshing drink and some rocking tunes! We are pleased to have Gary back to share his talent with us.



**The Shedd Present: *A Connecticut***

***Yankee the Musical***

**Sunday, July 20**

**at 3:00 p.m.**

**-The Shedd**

The Shedd is proud to present this fun musical loosely based on Mark Twain's novel about a WWII American naval officer who gets knocked out and wakes up in 6th century England and King Arthur's Court. He establishes himself as "Sir Boss" and thoroughly botches things up before reawakening in 1943 with an enlightened outlook on love, life and country. Please sign up at the Front Desk for free tickets.

**Yogurt Bar**

**Monday, July 21**

**at 11:30 a.m.**

**-Dining Room**

Come to the Dining Room to enjoy a delicious bowl of yogurt topped just the way you like it. Yogurt parfaits are here for the sunny days so be sure to get in on this tasty treat!



**Hoppy Sippers**

**Monday, July 21**

**at 3:30 p.m.**

**-Lounge**

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Once again we will have a variety of beers to sample along with snacks.



**A Day at the Fair Theme Dinner**

**Thursday, July 24**

**at 4:30-6:30 p.m.**

**-Dining Room**

In honor of senior day at the fair we are joining in on the fun and having this festive theme dinner. Ricky is looking forward to sharing all of his fair favorites with you. Bring a big appetite, this meal is sure to be a crowd pleaser.



**Breakfast Brigade at Forrester's**

**Friday, July 25**

**at 8:30 a.m.**

**-Meet in the Lobby**

Join Ray for this monthly breakfast adventure to Forrester's in west Eugene. They offer all the breakfast favorites along with lemon strawberry pancakes and avocado toast. Please sign up in the Activity Book.

**Piano Sing Along with Lisa**

**Friday, July 25**

**at 1:30 p.m.**

**-Lounge**

Today Lisa will play the piano as she hosts a sing along. Song sheets will be handed out when you arrive. If you enjoy singing this is a lovely way to spend the afternoon.



**Saturday July 26**

**Sidewalk Sale**

**9:00-3:00**



**Beverages on**

**Broadway**

**1:00-2:30**

If you'd like to participate in this years Hotel Sidewalk Sale out in front on Broadway, please sign up at the Front Desk for a table where you can sell your treasures.

**Resident Birthday Lunch**

**Wednesday, July 30**

**at 12:00 p.m.**

**-Dining Room**

For those of you born in the month of July, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare your special meal.



**Yoga Ball Drumming with Octopus Rhythm Works**

**Thursday, July 31**

**at 1:30 p.m.**

**-Lounge**

Join your neighbors for a Hotel favorite, Yoga Ball Drumming. Claudia and Lisa from Octopus Rhythm Works bring everything we need for the Drumming Circle. Research shows that active involvement with music and drumming provides neurological benefits and helps reactivate memories. You don't want to miss this event! Sign up in the Activity Book so you're sure to have a seat.



**TRIPS FOR JULY**

**Ice Cream at Handel's then a Walk on the River Path**

**Tuesday, July 1**

**at 1:45 p.m.**

**-Meet in the Lobby**

To celebrate National Creative Ice Cream Flavors Day we will drive a few blocks away to the 5th Street Alley for ice cream and then a lovely walk on the river path. Sign up in the Activity Book.



**Lunch at Water Mountain**

**Restaurant & The Oregon Garden**

**(\$12 plus lunch)**

**Tuesday, July 8**

**at 10:00 a.m.**

**-Meet in the Lobby**

Water Mountain serves breakfast all day and offer a full lunch menu of salads, burgers, sandwiches and more. After lunch we will drive to the beautiful Oregon Garden where they are having art pieces displayed throughout the garden. Entry is \$12 plus an extra \$4 if you would like to take the 25 minute informative tram ride around the garden grounds. Please sign up in the Activity Book and pay \$12 or \$16 to the Front Desk..



**Blueberry Patch Farm in Leaburg**

**w/ Lunch After at Busy Bee Cafe**

**Tuesday, July 15**

**at 10:00 a.m.**

**-Meet in the Lobby**

It's blueberry season so hop on the bus for a berry good time! We will start with a beautiful drive east to Leaburg where we will pick blueberries. Once our buckets are full we will head back into town stopping at Busy Bee Cafe in Springfield for lunch. They offer burgers, salads, a variety of classic sandwiches, soup and more. Be sure to eat a hearty breakfast since we will be picking blue berries before lunch. Please sign up in the Activity Book.



**Pizza and a Park: Jasper State Park**

**in Pleasant Hill w/Pizza Picnic(\$6)**

**Tuesday, July 22**

**at 10:30 a.m.**

**-Meet in the Lobby**

Today we will drive to beautiful Jasper State Recreation Site stopping on the way at Gatehouse Pizza to pick up a selection of pizzas for our picnic. As we eat we will enjoy this peaceful riverside location with all its wonderful sites and sounds. Please sign up in the Activity Book and pay for the picnic (\$6) at the Front Desk.



**Lane County Fair Senior Social \$2**  
**Thursday, July 24**  
**at 10:30 a.m.**

**-Meet in the Lobby**  
 The Lane County Fair is back! They will be honoring seniors with \$2 admission and a senior social, offering dessert and ice cream in the Auditorium starting at 11:00 a.m.. The bus will drop you off and be back to pick you up at 1:00 p.m. The fair has a clear bag policy, bring one if you have one or we will provide you with a ziplock bag. Please sign up in the Activity Book.

**Picnic at Whitaker Creek Recreation Area w/ Peach Picking at Bush's(\$6)**

**Tuesday, July 29**  
**at 10:00 a.m.**

**-Meet in the Lobby**  
 Join us today for a beautiful drive towards the coast. Our first stop will be Bush's Farm to pick peaches or buy already picked peaches or other goodies from the farm store. Then we will continue west to Whitaker Creek to enjoy our picnic lunch among the trees. Please sign up in the Activity Book and pay \$6 to the Front Desk.



## WEEKLY EVENTS

**Exercise Class with Erica and Phylli**  
**Mondays, Wednesdays, Fridays**  
**at 9:00 a.m.**

**-Exercise Room**

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

**Eugene Hotel Bridge Players**  
**Mondays & Fridays**  
**at 12:30 p.m.**

**-Billiard Room**

Do you enjoy playing bridge? If so join us in the Billiard Room to exercise your brain and have fun with others who enjoy playing cards.



**Mahjong**  
**Thursday, July 3**  
**at 2:30 p.m.**

**-Billiard Room**

New day! Come to the Billiard Room to try something new, McKenzie will be teaching the Chinese version of Mahjong. There is no card needed making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new please join us.



**Bingo**

**Wednesdays 7, 23, 28 & Thursday 17**

**at 3:00 p.m.**

**-Game Room**

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; surprises and/or money. It's only \$.75 to play.



**Hearing Aid Clinic w/ Jim**  
**Wednesday, July 16**  
**at 3:00 p.m.**

**-Library**

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.



**Mall Walking at Valley River Center**  
**Wednesday, July 23**  
**at 10:30 a.m.**

**-Meet in the Lobby**

Let's get moving! Valley River Center is a great place to get in your steps with level flooring, benches for resting, food court and lots of shops. Please sign up in the Activity Book.

**Qigong**  
**Thursdays**  
**at 9:30 a.m.**

**-Lounge**

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



**Needle Arts Group**  
**Thursday, July 1 & 15**  
**at 1:30 p.m.**

**-Lower Level**

Needle Arts isn't just knitting! Bring your project to the new location in the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.



**Tea & Poetry w/Dandelion**  
**Thursday, July 17**  
**at 2:00 p.m.**

**-Lounge**

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.



**Creative Writing**  
**Thursday, July 10 & 24**  
**at 2:00 p.m.**

**-Resident Kitchen**

Join your fellow residents on Thursday for some fun writing activities that will wake a tired brain up! You July follow creative prompts provided by Dandelion, or free write whatever is on your mind. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



**The Saturday Market**  
**Saturdays**

**10:00a.m.-4:00p.m. OYO**

The Saturday Market is held every Saturday through November a few blocks from the Hotel in the Park Blocks. Enjoy wandering through the colorful artisan booths, listening to live music, eating from one of the many food stalls, stopping by to visit Dandelion's booth, and checking out the beautiful bounty in the farmer's market area.

**Central Synagogue NY Streaming Service**  
**Saturdays**

**at 12:30 p.m.**

**-Lounge**

Join Harriet and Erika in the Lounge if you would like to watch the online service.

**Play Poker with Alan**  
**Saturdays**  
**at 2:30 p.m.**

**- Billiard Room**

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.



**Creative Coloring**  
**Sundays at 2:00 p.m.**

**-Resident Kitchen**

Join your neighbors for a relaxing coloring session upstairs in the resident kitchen.





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# The Hotel's 100TH Birthday was a great success



**Please Welcome  
New Residents**

**Barbara Schaefer-220**

**Paul Howard-407**

## Coming in August

### Scandinavian Festival