



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

October 2025

October

Autumn leaves of red and gold
that crunch beneath your feet,
Pumpkins on front porches,
candy corn, and trick-or-treat,
Tart and tangy cider,
apples ripened on the trees,
A hint of winter coming
on the chilly
autumn breeze.



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**SECOND PAGE MEET YOUR NEW
MARKETING DIRECTOR**

OCTOBER EVENTS
Activities and Calendar
for October...pp. 3-7

BOOK GROUP
Residents will discuss *My Friends* by
Fredrik Backman ..p. 5

My name is Dandelion Kalandir (they/them). I was born and raised in a small town in southern Utah, but always romanticized the Pacific Northwest and wanted to be closer to my sister in Portland. At that time my sister worked at the front desk of a retirement community and recommended I look for a similar job, knowing I would enjoy it. Luckily, the Eugene Hotel Retirement Community was hiring!

After a successful interview over Zoom I secured housing on Craigslist, packed all I owned into my mother's car (my car had just broken down beyond repair), and headed towards my new future. I moved to Eugene in August of 2022, having never set foot in this town before.

Coming from a background of mainly warehouse and kitchen jobs, as well as being a very active and outdoorsy person, I was surprised how well I fit into a front desk position. I enjoyed interacting with the residents and loved growing familiar with this community. I learned how to present myself more professionally over the phone (I was told I was too cold at first), how to manage filing/calls/keys/packages/etc. efficiently, and how to fax (which comes up way more than I ever expected it to in this day and age).

The Eugene Hotel has also given me many avenues to express and integrate my creative endeavors into work, such as leading a Creative Writing group for the residents, creating posters for events such as the Eugene Hotel's 100th Birthday Celebration, inviting me to repair and add on to the Lower Level murals, and encouraging me to table at the Holiday Bazaar (which caught the attention of Community Cup and lead to them hosting my first ever art exhibition). Over the course of 3 years, I became very comfortable in

my position at the front desk. I knew all the residents by name, as well as the names of those who visit them often. I had even developed a relationship with many of our vendors. I have taken pride in learning all the ins-and-outs of the Eugene Hotel.

Especially in helping with tours and move-ins, I began taking on additional responsibilities. Until the marketing position (Community Relations Director) opened up, I had no intention of changing anything or going anywhere.

When Mandi first encouraged me to apply for the position, fear of change forced an immediate "No" from my mouth.

After more discussion and consideration, I was convinced that this would actually be a beneficial transition for myself and—hopefully—the Hotel.

Please Welcome New Resident

Edith & Bruce Cronk-608

Edwena Matychuck-508

Don Orton-216

Beverly Wells (Becky)-317

By the time I turned in my application, I wasn't sure if I was more afraid of getting denied or of getting the job. Alas, I got the job! And it hasn't even been that scary. Turns out, I had already taken on so many of the CRD responsibilities in my time at the front desk that the biggest change for me has been in moving into an office. I have done my best to curate a cozy and amiable space, fit for welcoming new residents and catching up with current ones. I hope that folks in the Hotel feel invited to join me whenever they see me in my office. I'm happy to help with any questions one might have about living here, or to just be the friendly face with the free candy.

My passion for this community and for the charm of our historical building provide me with a genuine ethos when touring with potential residents. I am invested in interacting even more with the elderly community and in inspiring folks to join us here!

I am Dandelion, Community Relations Director of the Eugene Hotel, and I am excited to further serve this community.





Men's Group
Wednesdays, October 1, 15, 29
at 10:30 a.m.

-Lower Level
 The Men's Group (Lower Level Lizards) will meet in the Lower Level to catch up and share insights. Topics up for discussion on the 1st, "Supporting Mental Health" on the 15th "What is 'politics?'" and on the 29th, "What are 'traditional values?'"

Bus to Eugene Library
Wednesday, October 1 & 29
at 11:30 a.m.

-Meet in the Lobby
 Come along on our monthly trip to the Eugene Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.

Monthly Preview
Wednesday, October 1
at 1:00 p.m.

-Lounge
 Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

Hot Oatmeal Bar
Thursday, October 2
at 10:30-11:30 a.m.

-Dining Room
 Come to the Dining Room for a warming bowl of oatmeal and conversation with friends. McKenzie will be dishing up and topping your bowl just the way you like it.

Flu & Covid Shot Clinic
Friday, October 3
at 1:00-2:30 p.m.

-Lounge
 It's that time of year again so roll up your sleeve and head to the Lounge. Cascade Health will be here to offer both flu and covid shots. Please see the Front Desk ahead of time to sign up and pick up the necessary paperwork.



Activities & Special Events

First Friday ArtWalk
Friday, October 3
at 6:15 p.m.

-Lobby
 Meet Dandelion in the Lobby for a fun evening of art and exercise. We will visit a few of the many galleries and art spaces right in our neighborhood. Wear comfortable shoes and bring a sweater or jacket. This is a wonderful way to spend a Friday evening.

Detox Foot Bath's With Katie
Mondays, October 6 & 20
at 12:00-2:30 p.m.

-Lounge
 Sometimes the smallest steps can make the biggest difference. With ionic foot baths, warm water and natural ionization help the body release toxins while you simply sit and relax. Many find their mind clearer, their energy renewed, and their body at ease after a session. It's a soothing wellness practice designed for all ages, easy on the body and uplifting on the spirit. The cost is \$20 for 20 minutes. Please wear pants that can be pulled to mid-calf, since your feet will be in ankle-deep water. Sign up in the Activity Book to reserve your time slot.

Crafter's Corner: Fall Centerpieces
Wednesday, October 8
at 11:30 p.m.

-Resident Kitchen
 Today in the Resident Kitchen we will be sprucing up our fall centerpieces for the Dining Room. This is a perfect activity for those of you who love getting crafty but don't need another thing to clutter up your apartment.

Soul Food Social
Thursday, October 9
at 12:30 p.m.

-Lounge
 Come to the Lounge and join fellow residents for a comforting lunch and good conversation. During the fall and winter months we will be serving soups, casseroles, build a bowls and other warming dishes. Suggestions are welcome. There will be a memo in the elevator in the morning letting you know what we'll be serving. No need to sign up, everyone is welcome.

Pal Joey
Sunday, October 12



at 3:00 p.m.

-The Shedd
 The Shedd is happy to present this fun musical based on John O'Hara's 1940 novel. Pal Joey tells the story of a small time nightclub emcee showing a slice of lowlife Chicago in the late 1930's set to some of the best songs of the decade, including "Bewitched (Bothered And Bewildered)", "I Could Write A Book" and "What Is A Man". This is sure to be a lively show! Please sign up at the Front Desk for free tickets.

Chair Massage
Mondays, October 13 & 27
12:00-2:00 p.m.

-Exercise Room
 If you need a relaxing therapeutic massage, join licensed massage therapist Lawrence Roper downstairs for a short or long massage of your choice. The cost is \$10 for 10 minutes. Please sign up in the Activity Book.



Hoppy Sippers
Monday, October 13
at 3:30 p.m.

-Lounge
 Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Once again we will have a variety of beers to sample along with snacks. This month we will be tasting a variety of beers typically brewed for the fall season. Don't worry, they won't all be pumpkin beers.



Freshly Made Green Juice
Thursday, October 16
at 11:00 a.m.

-Dining Room
 Head to the Dining Room for a healthy fresh made juice boost. You get to choose from a variety of delicious fruits and veggies to create a custom juice just for you.



Jim & Beth Greece Travelogue
Thursday, October 16
at 1:00 p.m.

-Lounge
 Come and listen to all of the adventures and see all of the photo's from their far away excursion.



Gather Around the Piano with Suzanne
Friday, October 17
at 3:30 p.m.

-Lobby
 Enjoy some gentle jazz piano and seasonal cider for a pre-dinner performance in the Lobby.



Women's Group
Wednesday, October 22
at 10:30 a.m.



-Private Dining Room

Grab a cup of coffee and head to the Private Dining Room to join Bre for a casual round-table discussion and an opportunity to get to know yourself and each other better. Our topic for October is "What are some significant inventions you've been around to see come to life during your years?" And would you say they've had more of a negative or positive affect on the world?

Memorial for Glenn
Wednesday, October 22
at 2:00 p.m.



-Lounge

At this hour we'll be honoring our beloved Glenn, who was a well known face here at the Eugene Hotel. His unexpected departure was far too premature. Glenn's sweetheart Jane departed just one short year ago, they are now reunited once again. His friendly smile will be missed. Join us in the Lounge to help celebrate the life of Glenn Bowerman.

Resident Speaker Boyd
Thursday, October 23
at 1:00 p.m.



-Lounge

Join us in the Lounge to hear all about Boyd's hand made puzzle art and more!

Beverages on Broadway with Gus Russell
Friday, October 24
at 2:00 p.m.



-Lobby

One of our favorites, Gus Russell, will entertain us once again while you sit and enjoy a refreshing beverage from the bar. Come to the Lobby and get in on the fun and flavor!

Downtown Eugene Community
Trick or Treat Event with Music
and Monsters

Saturday, October 25
at 2:00-6:00 p.m.



-Lobby

This year Downtown is adding more monsters and ghouls to it's annual trick or treat event. We will be one of the many locations participating by offering candy and a festive atmosphere. The Lobby we be eerily decorated, creepy tunes will fill the air, candy

will abound as cute and scary costume clad children come trick or treat.

Sunday Supper Club at The Pub at Laurelwood

Sunday, October 26
at 4:00 p.m.



-Meet in the Lobby

Join us this month for Sunday supper with a view of the green. We will head a short distance to Laurelwood golf course for delicious food and a beautiful view. The Pub offers a variety of elevated pub favorites. Please sign up in the Activity Book.

Apple Tasting
Monday, October 27
at 1:30 p.m.



-Dining Room

Even if you weren't able to make it to the orchard, you're still able to enjoy the fresh taste of fall. Join us in the Dining Room to sample a fresh selection of the over 2,500 varieties of apples that are grown in the U.S. We will also have fresh pressed cider for you to enjoy. Come ready to get your fill of apples.

Monday Night Football

Monday, October 27
at 5:15 p.m.



-Lounge

Are you ready for some football? Join McKenzie and fellow football fans in the Lounge as the Chiefs (with former Duck, Patrick Mahomes) take on the Commanders. Soda, beer and snacks provided. Don't forget your quarters to place your bets!

Resident Birthday Lunch
Wednesday, October 29
at 12:00 p.m.



-Dining Room

For all of you born in October. Come enjoy a delightful lunch in the company of the other residents who share this birthday month. Chef Ricky will prepare your special meal.

Dance and Music Therapy with Pani
Wednesday, October 29
at 1:30 p.m.

-Lounge

Pani will be bringing her vibrant energy back once again to host her dance and music therapy class. This class is flexible to fit everyone's individual needs.



Mini Pizzas

Thursday, October 30
at 11:30 a.m.



-Resident Kitchen

Join Bre and McKenzie in the Resident Kitchen for an interactive lunch experience. Today you will make your own mini pizza. There will be a variety of toppings and sauces for you to choose from, jack o'lantern faces are encouraged. Space is limited so please sign up in the Activity Book.

Breakfast Brigade at IHOP
Friday, October 31
at 8:30 a.m.



-Meet in the Lobby

Join Ray for this monthly breakfast adventure to IHOP for pumpkin pancakes! If pumpkin isn't your thing, no worries because they offer a huge variety of breakfast options. Please sign up in the Activity Book.

Halloween Party
Friday, October 31
at 3:30 p.m.



-Lobby

Come as you are or dress up in your funniest, creepiest, most creative costume to celebrate Halloween. Enjoy the witch's brew, ghoulish treats and spooktacular music. Costumes will be available to borrow if you need help coming up with an idea.

Halloween Harvest Dinner
Friday, October 31
at 4:30-6:00 p.m.



-Dining Room

Chef Ricky is excited to create a wicked spread this Hallows Eve. Come hungry and be ready to drag yourself out like a zombie after you've had your fill.

TRIPS FOR OCTOBER

Bargain Bus to Junction City
Tuesday, October 7
at 11:30 a.m.



-Meet in Lobby

Join Ray and McKenzie for an afternoon of bargain hunting. Be sure to eat lunch or bring a snack because we will not be stopping for lunch in order to maximize our bargain finding opportunities. Saint Vinnie's, Grocery Outlet and others. Please sign up in the Activity Book.

Coast Trip: Casino Drop Then Lunch
Florence & Ocean View
Tuesday, October 14
at 10:00 a.m.



-Meet in Lobby

Whoever would like to try their luck at Three Rivers Casino can get off at the first stop. If you'd like to continue to the coastal town of Florence for a look at the ocean and lunch, then stay on the bus for destination number two. Please sign up in the Activity Book.

**Pumpkin Patch Trip to Detering Orchard with Lunch at 99 Grill
Tuesday, October 21
at 10:30 a.m.**

-Meet in Lobby



Let's go find the perfect pumpkin and cup of hot cider! First a short drive north to Harrisburg to enjoy lunch at 99 Grill, then just 8 more minutes down the road we will arrive at Detering Orchards. They have a market with a variety of jams, home canned goods, apples, cider and more!

**Tour of Carlson College of Veterinary Medicine in Corvallis with Breakfast at Elmer's
Tuesday, October 28
at 9:00 a.m.**

-Meet in Lobby



Today we will head to Corvallis for a tour that's sure to be interesting. We are leaving early and need everybody to be punctual. Our first stop is at Elmer's for breakfast. They offer all the breakfast favorites. After breakfast we will head to CCVM where student from the veterinary school will meet us to guide us on our tour. They request that everyone wears closed-toe shoes because we will be walking through the hospital. Please sign up in the Activity Book.

WEEKLY EVENTS

**Exercise Class with Erica or Phylli
Mondays, Wednesdays, Fridays
at 9:00 a.m.**

-Exercise Room

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Mall Walking at Valley River Center

**Monday, October 13 & 27
at 10:30 a.m.**

-Meet in the Lobby



Let's get out and get moving! With the weather being unpredictable, it can be difficult to get outside to walk for exercise. The bus will drop us for about an hour at Valley River. Use this time to walk at your own pace inside the dry, comfortable mall. Seating is located throughout the mall for you to stop and rest. Please sign up in the Activity Book.

**Eugene Hotel Bridge Players
Mondays**

at 12:30 p.m.

-Billiard Room

Do you enjoy playing bridge? If so join us in the Billiard Room to exercise your brain and have fun with others who enjoy playing cards.



Meditation Hour

Wednesdays

at 6:30 p.m.

-Billiard Room

Learn easy & effective techniques for relaxation, stress and pain reduction.



**Creative Writing
Wednesday, October 8
at 2:30 p.m.**

-Resident Kitchen

Join your fellow residents for some fun writing activities that will wake a tired brain up! You can follow creative prompts provided by Dandelion, or free write whatever is on your mind. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



**Mahjong
Wednesday, October 8 & 15
at 12:30 p.m.**

-Game Room

Come to the Game Room to try something new, McKenzie or Oliver will be teaching the Chinese version of Mahjong. There is no card needed making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new please join us.



**Tea & Poetry with Iris
Wednesday, October 15
at 1:00 p.m.**

-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you will join us for an hour of delightful verse and tea. Participants are encouraged to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.



**Hearing Aid Clinic
Wednesday, October 15
at 3:00 p.m.**



-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for a time slot in the Activity Book.

**Qigong
Thursdays
at 9:30 a.m.**



-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.

**Needle Arts Group
Thursday, October 2 & 16
at 1:30 p.m.**



-Lower Level

Needle Arts isn't just knitting! Bring your project to the new location in the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.

**Bingo
Thursdays
at 3:00 p.m.**



-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. It's only \$.75 to play, so grab two cards and try to win your money back or even a little more.

Central Synagogue NY Streaming Service

**Saturdays
at 12:30 p.m.**

-Lounge



Join Harriet and Erika in the Lounge if you would like to watch the online service from the Central Synagogue in New York.

**Play Poker with Alan
Saturdays
at 2:30 p.m.**



- Billiard Room

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.

Coming in December, our Annual Holiday Bazaar & Treasures From the Attic.

The Hotel Lobby is turned into a Holiday Marketplace. Open to the public, we will have tables full of arts and crafts hand made by residents and staff. The Treasures from the Attic will be a special section reserved for more antique style items for sale. Tables are available free of charge, just sign up at the front desk for whatever size table you'd prefer. Start getting your handcrafted items ready now!



Some photos from last year's Eugene Hotel Holiday Bazaar. We had Donna selling her hand made bears & chickens. Arvilla was selling her hand made dolls, and Savanna from the wait staff was selling bracelets, candles, and baby bunnies.

