



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

January 2026

Welcoming the New Year.. January 2026

*Wishing everyone Good Health and Peace in this fresh
new year...*

May all of your New Years Resolutions come true



**Your Clarke's Store Volunteers
pictured above**



**SECOND PAGE MEET YOUR CLARKE'S
STORE VOLUNTEER STAFF**

JANUARY EVENTS
Activities and calendar
for January...pp. 3-7

BOOK GROUP
Residents will discuss *Remarkably Bright
Creatures*...p. 5

We Salute our Hotel Volunteers...

“Volunteer” : A person who freely offers a service, Take part in an Enterprise or undertake a task without compensation-*Websters Dictionary*

Did you know that The Eugene Hotel has a number of volunteers that help to ensure The Clarke’s Store operates smoothly and conveniently for all of us. They generously give their time and effort doing a number of different tasks. Here are those residents who’s smiling faces you see when shopping downstairs..

Phyllis Shafer: Phyllis moved to the Eugene Hotel in 2014. Before that she had a home in Santa Clara, Eugene. In her working career she was a Bookkeeper and Controller. She has worked in the store for 10 years and enjoys chatting with fellow residents when they come down to shop. Phyllis works hard, keeping merchandise in order and in stock, especially the greeting cards.

Evelyn Edwards: Evelyn has been in Eugene off and on since 1936. She was married twice, her husbands were in the military so she moved often through the years. She raised 4 children. Evelyn worked at Longs Market in the produce section, she also worked for 11 1\2 years at A-Attic Mini Storage.

Evelyn has worked in the Clarkes Store for almost 2 years and really enjoys meeting & interacting with the customers.

Donna Brown: Donna moved to the Eugene Hotel in 2008. When she was 20 years old, she got a job with Bank of America. She soon got married and started a family, having 3 children. Her husband was sent overseas on military duty. Donna went back to work and was always a bookkeeper/accounting. She enjoys her one day a week in the Clarke’s Store that she has been doing since 2020. When business is slow you might see her knitting her prize chickens.

Tom Shih: Tom is originally from Taiwan. He came to the US in 1970. In Taiwan, he obtained a degree in Psychology and taught in that field. He later became a Private Psychologist. Tom lived in San Jose, CA before moving to Eugene to be closer to his daughter. Tom has enjoyed working in the store, but is now passing the baton onto Jackie.

Jackie Daugherty: Our newest volunteer who moved to the hotel in May 2025. She previously lived in South Eugene for seven years. She was born and raised in Eugene and graduated in 1957 from Eugene High School, now South Eugene High School. She worked for US Bank for 24 years. Then in semi-retirement she worked for Lane Memorial Blood Bank. She enjoys living here and meeting up with old school mates she hasn’t seen in many years.



Monthly Preview
Friday, January 2
at 11:30 a.m.



-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all the other events for the coming month. Bring your questions, this newsletter, and please join us for this meeting to get the latest news.

Beverages on Broadway w/Gus

Russell

Friday, January 2
at 2:00 p.m.



-Lobby

One of our favorites, Gus Russell, is here to entertain us once again. Enjoy a winter warmer from the bar while you listen to some great music. Always a resident favorite.

Detox Foot Baths with Katie

Monday, January 5
at 12:00-2:00 p.m.



-Lounge

Sometimes the smallest steps can make the biggest difference. With ionic foot baths, warm water and natural ionization help your body release toxins while you simply sit and relax. Many find their mind clearer, energy renewed, and their body at ease after a session. It's a soothing wellness practice designed for all ages, easy on the body and uplifting on the spirit. The cost is \$20 for 20 minutes. Please wear pants that can be pulled to mid-calf, since your feet will be in ankle-deep water. Sign up in the Activity Book to reserve your time slot.



Men's Group
Wednesday, January 7 & 21

at 10:30 a.m.

-Lower Level

The Men's Group (Lower Level Lizards) will meet in the Lower Level to catch up and share insights. Topics up for discussion this month, on the 7th, "Is college necessary for anyone in the future?" On January 21st, "Why do old folks turn paranoid?"

Activities & Special Events

Bus to Eugene Library

Wednesday, January 7 & 28
at 12:00 p.m.



-Meet in Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour where you can browse a wide selection of books and check out whatever you would like to take home to read. Please sign up in the Activity Book.

Creative Writing

Wednesday, January 7
at 2:00 p.m.



-Resident Kitchen

Join your fellow residents for some fun writing activities that will wake a tired brain up! You can follow creative prompts provided by Dandelion, or free write whatever is on your mind. Some prompts are independent, some are collaborative, and all will encourage your desire to write!

Hot Oatmeal Bar

Thursday, January 8 & 22
at 11:00 a.m.



-Dining Room

Join McKenzie and your neighbors in the Dining Room for a hot breakfast. Now that the colder days are here come get a steamy bowl of oatmeal and choose from a variety of yummy and healthy toppings to complete your order.

Bagel Lunch While Nathan Boal's Plays the Saxophone

Friday, January 9
at 12:00 p.m.



-Dining Room

Come to the Dining Room for a special treat. Today McKenzie will be serving up bagels made to your specifications. Nathan will be here playing his saxophone, providing a treat for your ears while you enjoy this light lunch. Everyone is welcome, there is no need to sign up.



Lane County History Museum:

History at the Hotel

Saturday, January 10

at 4:00 p.m.

-Lounge

Come to the Lounge to take part in a discussion or learn something new about our local history. The Lane County History Museum is hosting History at the Hotel the second Saturday of every month here at the Hotel in the Lounge. This month the guest speaker is William Willingham, author of *Oregon Gold: A History of Mining from the Civil War into the Progressive Era*. Everyone is welcome.

Sunday Supper Club at Gratitude

Brewing
Sunday, January 11



at 4:30 p.m.

-Meet in the Lobby

Join us this month for Sunday supper in the neighborhood at Gratitude Brewing. They offer a delicious menu including soups, salads, burgers, sandwiches and a selection of house brewed beers and sodas. Please sign up in the Activity Book if you would like to have dinner with us.

Mall Walking at Valley River Center

Monday, January 12 & 26
at 10:30 a.m.



-Meet in the Lobby

Let's get out and get moving! With the weather being unpredictable, it can be difficult to get outside to walk for exercise. The bus will drop us for about an hour at Valley River Center. Use this time to walk at your own pace inside the dry, comfortable mall. Seating is located throughout the mall for you to stop and rest. Please sign up in the Activity Book.

Chair Massage

Monday, January 12 & 26
at 12:00-2:00 p.m.



-Exercise Room

Licensed massage therapist

Lawrence Roper returns to provide therapeutic neck, shoulder and back massages. You will remain fully clothed while sitting in a massage chair enjoying the relaxing benefits of a short or long massage. The cost is \$10 for 10 minutes. Please sign up in the Activity Book to reserve your time slot.

Soul Food Social
Monday, January 12
at 12:30 p.m.



-Lounge

Come to the Lounge and join fellow residents for a comforting lunch and good conversation. During the winter months we will be serving soups, casseroles and other warming dishes. This month, by resident request, we will enjoy roasted tomato soup served with little cheese toastys. No need to sign up, everyone is welcome.

Women's Group
Wednesday, January 14
at 10:30 a.m.

-Private Dining Room

Grab a cup of coffee and head to the Private Dining Room for a casual round-table discussion and an opportunity to get to know ourselves better, as well as each other! We will discuss a place you would love to revisit and why.

Bre's Rabbit Petting Zoo
Wednesday, January 14
at 12:30 p.m.



-Lounge

Join Bre in the Lounge to get in on some bunny snuggles! She will be bring a cuddly selection of bunnies from her farm for you to hold and cuddle with. Don't miss out on this warm and fuzzy, feel good event!

National Hat Day: Wear Your Favorite Hat to Dinner
Thursday, January 15
at 4:30-6:00 p.m.



-Dining Room

Celebrate National Hat Day with us by wearing your favorite hat to dinner.

Crafter's Corner: Sewing with Oliver
Friday, December 16
at 11:30 a.m.



-Resident Kitchen

You've asked, so here it is! Come and join Oliver for some hand sewing lessons, learn different stitches and finishes. Leave with a sewing sampler to reference for your own projects.



Hoppy Sippers
Monday, January 19
at 3:30 p.m.

-Lounge

Join your fellow beer drinkers to explore the wonderful world of beer! This month we will be sampling a selection of beers in fancy cans. McKenzie will pick out a variety of eye catching cans from the Bier Stein. There will be snacks to enjoy with your beer.

Resident Appreciation Luncheon with Musical Guest Jon Polese and a Hot Cocoa Bar

Tuesday, January 20
at 11:30 a.m.



-Dining Room

To show our love and appreciation to all of our residents, we will host a special luncheon for you all to enjoy. Lunch will be accompanied with the staff, so please join us in the Dining Room for this delightful gathering. Jon Polese will be here to delight us with his talented piano playing. And don't forget to stop by the bar for a tasty cup of hot cocoa topped just the way you like it.

Tea & Poetry with Iris
Wednesday, January 21
at 1:00 p.m.



-Lounge

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories which provided inspiration.

Dance and Music Therapy with Pani
Friday, January 23

at 1:00

-Lounge

Pani will be bringing her vibrant energy back once again to host her dance and music therapy class. This class is fun and flexible to fit everyone's individual needs.

Freshly Juiced Green Juice
Monday, January 26

at 12:00 p.m.



-Dining Room

Let's celebrate National Green Juice Day! This is the day that started us on our monthly juicing together. Head to the Dining Room for a healthy fresh made juice boost. You get to choose from a variety of fruits and veggies to create a custom juice just for you.

Resident Birthday Lunch
Thursday, January 29

at 12:00 p.m.

-Dining Room

For those of you born in the month of January, come enjoy a delightful lunch in the company of the other residents who share this Birthday Month. Chef Ricky will prepare your special meal.

Breakfast Brigade at the Prairie Schooner

Friday, January 30
at 8:30 a.m.



-Meet in the Lobby

Join Ray for this monthly breakfast adventure to Prairie Schooner. This resident request offers all of the breakfast favorites. Please sign up in the Activity Book



TRIPS FOR JANUARY

Out to Lunch Bunch at Oakway Center

Tuesday, January 6
at 11:00 a.m.

-Meet in the Lobby

Today we will travel down the road to Oakway Center. There are many restaurants there for you to choose from. Chapala Mexican Restaurant, Cafe Yumm, Sun River Brewing, Johnny Ocean's, Sabai and more. Or just come along to browse the shops. Please sign up in the Activity Book.

Emerald Art Center in Springfield w/ Lunch at Lovely Cafe
Tuesday, January 13



at 10:30 a.m.

-Meet in the Lobby

Today we're staying fairly close to home and heading just over the bridge to Emerald Art Center in downtown Springfield. Emerald Art Center is a non-profit dedicated to promoting the visual arts. Their gallery typically has 5 exhibitions that change every 30 days. We will start by stopping at Lovely Cafe for lunch. They offer a healthy selection of sandwiches, bowls, deliciously topped toasts, soup and salad. After lunch we will head down the street to explore Emerald Art Center. Please sign up in the Activity Book.

Small Town Mystery Trip w/Lunch
Tuesday, January 27

at 10:00 a.m.

-Meet in the Lobby

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In the mood for adventure? Join us on this mystery trip. We will drive to a small town within an hour of Eugene to enjoy lunch and something unique to the town. Hint- At least one movie was filmed here. Please sign up in the Activity Book.

WEEKLY EVENTS

Exercise Class with Erica and Phyli

Mondays, Wednesdays, Fridays at 9:00 a.m.

-Exercise Room

Join Phyli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are held in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.

Eugene Hotel Bridge Players

Mondays at 12:30 p.m.

-Billiard Room

Do you play bridge or are you interested in learning? Come to the Billiard Room on Mondays at 12:00 p.m. for a 30 minute lesson with Carol Link before the game begins at 12:30 p.m. Join us to exercise your brain and have fun with others who enjoy playing cards.



Rummikub

Mondays at 6:15 p.m.

-Game Room

Join your neighbors for a weekly session of Rummikub in the Game Room in the Lounge.. This tile based game is easy and fun, even for beginners! You can build off your opponents tiles, use your noggin to score more points!



Mahjong

Tuesday, January 6 & 20 at 2:30 p.m.

-Billiard Room

Come to the Billiard Room to try something new, McKenzie and/or Oliver will be teaching the Chinese version of Mahjong. There is no card needed making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new please join us. If we have enough players we will play the American version with the card as well.



Hearing Aid Clinic w/ Jim

Wednesday, January 21 at 3:00 p.m.

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns. Please sign up for time slot in the Activity Book.



Qigong Thursdays at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation and visualization, which are employed to enhance the mind/body connection and assist healing. Join instructor Roberta Roth during this quiet exercise time.



Needle Arts Group

Thursday, January 8 & 22 at 1:30 p.m.

-Lower Level

Needle Arts isn't just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands with the company of a needle or two. Knitting, embroidery, crotchet, needlepoint, quilting, mending all are welcome.

Bingo

Thursdays at 3:00 p.m.



-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Each week there is a different incentive for winning: prizes; surprises and/or money. It's only \$.75 to play. There will be no BINGO on Thursday, January 1.

Central Synagogue NY Streaming Service

Saturdays

at 12:30 p.m.

-Lounge

Join Harriet and Erika in the Lounge if you would like to watch the online service from the Central Synagogue in New York.



Play Poker with Alan

Saturdays

at 2:30 p.m.

- Billiard Room

Get ready to lose your money or win big! Join Alan in the Billiard Room for a friendly game of poker. Don't forget to bring your quarters.

Creative Coloring

Sundays at 2:00 p.m.

-Resident Kitchen

Join your neighbors for a relaxing coloring session upstairs in the resident kitchen. The books and coloring pens, markers and pencils will be in the cupboard under the phone.



Coming Next Month in February...

Ground Hog Day



Super Bowl



Valentine's Day



Oregon's Birthday



Mardi Gras



