



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community | February 2026

GROUNDHOG DAY

VALENTINE'S DAY

OREGON'S BIRTHDAY

PRESIDENTS DAY

MARDI GRAS

For the Love of Bridge

By Kathy Thorne

All four high hearts plus a few more!

Those are the strong suit of cards she held in her hand. Even though Chicago-born, she chose to live decades in New York City. In the 1980s she saw the top floor of the Trump Tower being lit up by a single bulb to give the appearance of someone actually paying the outlandish price to live there. She also read a Big Apple magazine article that told of women who live on the lower floors of the cement pencil pushing up to the sky paying many thousands of dollars to be able to smile and glow. As a consequence of her PhD studies in anthropology at the University of Illinois at Champlain, she is forever curious about cultures other than Mar-a-Lago faces. Through fifty countries she has plodded, gathering insight. She recently traveled to the alleyways of Ranthambore, India, where she entered a small shop run by battered women. She listened to the story of the sales clerk, who explained that when a woman in that country rejects the proposal of a would-be groom or commits some other offense deemed dishonorable to her family, acid is thrown in her face to scar her for life and make her forever unattractive to marry. That woman doesn't smile so often. Back at the

Eugene Hotel, the top bidder in this bridge hand has seen many extreme in her 86 years. Now, as she holds what she hopes will be the winning cards in this game, she dives into the business of trying to take the ten tricks she has bid and make no miscalculations.

To her left is a former singer with the Dallas Opera, who trained to be a teacher in France, and ended her civilian life as a resident of the Baja, Mexican shoreline for several decades. Her days were spent taking in the warm breeze from the Pacific, walking the sandy beach, and marveling at the quietness of the place. Today this former grade school instructor is singing a

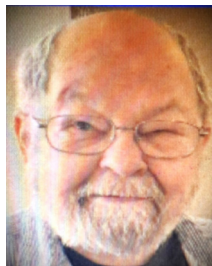
different tune as she tries valiantly to outwit the woman who won the four heart bid.

Opposite the world traveler is a man who was awarded six Emmys for TV Production. A graduate of Northwood High School in Silver Spring, Maryland, he pursued a theatre career while studying at Indiana University and Stanford University. He spent his young adulthood involved in stage productions in New York and

Pennsylvania. Interestingly, he was even offered a position at the Oregon Shakespearean Festival in Ashland, but turned it down to direct his own troupe. The siren of KEZI beckoned him out west to Eugene, where he labored for eight years before retiring. Today's duty was easy by comparison. He had only to lay down his cards and place all his hopes on the astuteness of the anthropologist whiz sitting across from him.

The last player to throw his seven of hearts onto the pile is a former Indiana farm boy, who studied chemistry in college, and dabbled in work at a variety of paint stores before he arrived in Eugene. His creativeness at Forrest Paints resulted in a unique covering that coats every windshield wiper on an American made car. He is calculating and weighs all the odds, but in this game he is outwitted.

All four members of the bridge club meet weekly, bid judiciously, challenge their wits, and occasionally fuss about the proper response. But they all agree. No Trump has no place at this table.



Can you match the picture to the Bridge Player?

Activities & Special Events

Detox Foot Baths w/Katie
Monday, February 2
at 12:00 p.m.

-Lounge

Sometimes the smallest steps can make the biggest difference. With ionic foot baths, warm water and natural ionization help your body release toxins while you simply sit back and relax. Many find their mind clearer, energy renewed, and body at ease after a session. It is a soothing wellness practice that's easy on the body and uplifting on the spirit. The cost is \$20 for 20 minutes. Please wear pants that can be pulled up or rolled to mid-calf, since your feet will be in ankle-deep water. Sign up in the Activity Book to reserve your time slot.



Monthly Preview
Monday, February 2
at 2:30 p.m.

-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all other events for the coming month. Bring your questions and this Newsletter, then join us for this meeting to get all the latest news.



Men's Group
Wednesday, February 4 & 18
at 10:30 a.m.

-Lower Level

The Men's Group, or aka Lower Level Lizards, meet in the Lower Level to catch up and share insights. Topics up for discussion this month are on the 4th, "Boyd Invites Destruction" and on the 18th, "Are Dogs Smarter Than People?"



Creative Writing
Wednesday, February 4
at 2:00 p.m.

-Resident Kitchen

Join your fellow residents for some fun writing activities that will wake a tired brain up! You can follow creative prompts provided by Dandelion or write whatever is on your mind freely. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



Hot Oatmeal Bar
Thursday, February 5
at 10:30 a.m.

-Dining Room

Join your neighbors for a hot bowl of oatmeal. Choose from a variety of healthy toppings to complete your order.



Crafter's Corner: Valentine's Day Crafts

Thursday, February 5
at 12:00 p.m.

-Lounge

Come join us in making this year's Valentine's crafts. We have a variety of crafts for you to make, catnip filled hearts for our furry friends, heart shaped items for you to paint and cookies for you to decorate. Have fun putting your own creative spin on these crafts you will fall in love with. All supplies provided.



Beverages on Broadway
w/Gus Russell
Friday, February 6
at 2:00 p.m.

-Lobby

Gus Russell, one of our favorites, is here to entertain us once again. Enjoy a winter warmer from the bar while you listen to some great music. Always a resident delighter.



Super Bowl Sunday Party
w/Halftime Tailgate Dinner
Sunday, February 8
at 3:30 p.m.

-Lounge

Come watch the Seahawks vs the Patriots in the 60th Super Bowl. Bring your quarters to place your bets. A tailgate dinner of hotdogs with all the trimmings will be served at halftime for all residents. Beer, soda, and snacks will be served at kick-off.



Chair Massage
Monday, February 9 & 23
at 12:00-2:00 p.m.

-Exercise Room

Licensed massage therapist Lawerence Roper returns to provide therapeutic massages. Remain fully clothed while sitting in a massage chair enjoying the relaxing benefits of a short or long massage. The cost is \$10 for 10 minutes. Please sign up in the Activity Book to reserve your time slot.



Hoppy Sippers
Monday, February 9
at 3:30 p.m.

-Lounge

This month in collaboration with Gratitude Brewing we will be enjoying a beer and chocolate pairing. The brewers have selected beers and the chocolates to pair with them.



Woman's Group **New Location**
Wednesday, February 11
at 10:30 a.m.

-Resident Kitchen

Grab a cup of tea and head to the Resident Kitchen for a casual round table discussion and an opportunity to get to know ourselves better, as well as each other! This month's topic will be "Layers & Levels of Love".



Fresh Red Juice Bar
Wednesday, February 11
at 12:00 p.m.

-Dining Room

Let's get in the Valentine's Day mood with a healthy cup of red juice. McKenzie has gotten creative with a fun list of fruits and veggies to insure that everyone's juice will be some shade of pink to deep red. Once again you get to customize your juice.



Tea & Poetry
Thursday, February 12
at 1:00 p.m.

-Resident Kitchen

If you enjoy listening to the reading of poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. You're among friends who like to share their poetry and the stories that go with them.

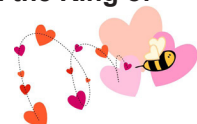


Valentine's Day Party w/Music by Three of Hearts and the King of Clubs

Friday, February 13
at 2:00 p.m.

-Lounge

Love is in the air and love potion in the punch. Join us for our Valentine's Day Party performance by Three of Hearts & the King of Clubs. Be sure to wear your dancing shoes! The bar will be in full swing so shimmy up for a drink on your way to the dance floor or to indulge in the delicious offering of sweet treats.



**Lane County History Museum:
History at the Hotel
Saturday, February 14
at 4:00 p.m.**



-Lounge

The Lane County History Museum is hosting History at the Hotel on the 2nd Saturday of every month. This month's guest speaker is Kenneth O'Connell, Artist & Art Professor (U of O). His talk will focus on 100 years of the UO Art Department, featuring unknown and interesting stories.

**Mall Walking at Valley River Center
Monday, February 16
at 10:30 a.m.**



-Meet in Lobby

Let's get out and get moving! With the weather being unpredictable, it can be difficult to get outside for exercise. The bus will drop us for about an hour at Valley River Center. Use this time to walk at your own pace inside the comfortable mall. Seating is located throughout the mall for you to stop and rest. Sign up in the Activity Book.

**Presidential/General Knowledge
Trivia w/Lucas
Monday, February 16
at 2:30 p.m.**



-Lounge

Join us in celebrating Presidents Day while testing your historical and general knowledge. We will create teams, enjoy snacks and give away prizes. Come win a Cherry Pie!

**A Study in Friendship
Wednesdays February 18 -April 15
at 10:00 a.m.**



-Lounge

This 8-week workshop facilitated by resident, Lola L. Mitchell, EdD will be held weekly in the Lounge. Lola will be using God's Call to Care for Neighbors and All Creation Presbyterian Workbook. Please sign up in the Activity Book by Friday, February 6. All are welcome.

**Bus to Eugene Library
Wednesday, February 18
at 12:00p.m.**



-Meet in the Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour so you can browse a wide selection of items and check out everything you want to take home. Sign up in the Activity Book.

MARDI GRAS CELEBRATION

TUESDAY, FEBRUARY 17TH



9 A.M.-10 A.M.

FAT TUESDAY BREAKFAST

This fun-filled day begins in the Dining Room with a New Orleans breakfast, including King Cakes. Ambiance and mood provided by musical guests Paul Biondi & Gus Russell.

1 P.M.

MASK DECORATING

Join us in the Resident Kitchen to decorate a mask and/or hat to wear for the rest of this day's festivities.

3 P.M.-4P.M.

HURRICANE HAPPY HOUR W/SKIP JONES

Come down to the Lobby to enjoy the festive New Orleans music brought to us by Skip Jones, a delicious hurricane cocktail and get your own string of beads!

4:30 P.M.

MARDI GRAS NEW ORLEANS THEMED DINNER

Be sure to bring your appetite for this tasty and authentic dinner!



**Guest Speaker: Darrell Jabin
The Traveling Historian
Thursday, February 19
at 1:00 p.m.**



-Lounge

Come to the Lounge to celebrate Oregon's birthday. Today we have a special guest speaker, Darrell Jabin the Traveling Historian, here to talk about Explorers, Ownership and The Naming Of Oregon. Grab a cupcake on the way to your seat and enjoy this interesting presentation.

**The Roving Park Players Present:
The School of Scandal
Friday, February 20
at 7:00 p.m.**



-Lounge

Join us in the Lounge as the Roving Park Players perform this hilarious comedy of manners from an 18th century playwright, Richard Brinsley Sheridan. Former resident, Rudy, will be performing. Don't miss this fun event!

**Sunday Supper Club to the
Gordon Tavern**



**Sunday, February 22
at 4:30 p.m.**

-Meet in the Lobby

A few blocks away dinner awaits! The Gordon Tavern offers a Happy Hour menu from 3-6 on Sundays. A few menu highlights are their salads, chicken sliders, tavern burger, artisan pizzas and my personal favorite their gin & juice cocktail. Please sign up in the Activity Book.

**Lunar New Year Theme Dinner
Monday, February 23
at 4:30-6:00 p.m.**



-Dining Room

Join us in celebrating the beginning of the year of the Fire Horse. Tonight Chef Ricky is excited to share with you a delicious selection of Chinese dishes, be sure to come hungry.

**Resident Birthday Lunch
Wednesday, February 25
at 12:00 p.m.**



-Dining Room

Those residents born in February are invited to a birthday lunch in their honor. Come and enjoy a delightful lunch prepared by Chef Ricky and spend time with your fellow neighbors that share your same birthday month.

**Soul Food Social
Thursday, February 26
at 12:30 p.m.**

-Lounge

Come to the Lounge and join fellow residents for a lunch and good conversation. This month we will be serving a variety of chili's in a chili flight. No sign up, everyone is welcome.



**Breakfast Brigade to Brails on 5th
Friday, February 27**

at 8:30 a.m.

-Meet in Lobby

Join Ray on this breakfast adventure to Brails on 5th. They offer all the usual breakfast favorites along with a few signature dishes like the loco moco and the rice omelette. Please sign up in the Activity Book.



February Trips

**The Mayor's Art Show
at The Hult Center & Lunch at The
Old Spaghetti Factory**

Tuesday, February 3

at 11:30 a.m.

-Meet in the Lobby

Today we will stay close to home and travel a few blocks away for lunch at The Old Spaghetti Factory. After lunch we will head to the Maurie Jacobs Community Room at the Hult Center to enjoy the Mayor's Art Show. This art show is an annual exhibition showcasing local artistic excellence and celebrating Eugene's creativity. Please sign up in the Activity Book.



**Coastal Adventure: Dropoff at
Three Rivers Casino or
Drive into Old Town Florence
for Lunch**

Tuesday, February 10

at 10:00 a.m.

-Meet in the Lobby

If you want to try your hand at winning the jackpot then our first stop is for you, Three Rivers Casino. Otherwise stay on the bus for the next destination, Old Town Florence for lunch followed by a walk on the beach (weather permitting). Please sign up in the Activity Book.



**Bargain Bus to Springfield
with Lunch**

Tuesday, February 24

at 10:30 a.m.

-Meet in the Lobby

Once again, it is time to get in on some bargains! Join McKenzie and Ray for a short trip to Springfield where we will be sure to hit all the hot spots bursting with bargains! We will stop for lunch. Please sign up in the Activity Book.



Weekly Events

Exercise Class

with Erica or Phylli

**Mondays, Wednesdays, Fridays
at 9:00 a.m.**

-Exercise Room

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.



**Eugene Hotel
Bridge Players
Mondays**

at 12:30 p.m.

-Billiard Room

Do you play bridge? Come to the Billiard Room Mondays at 12:30 to exercise your brain and have fun with others who enjoy playing bridge.

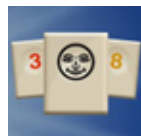


**Rummikub
Mondays**

at 6:15 p.m.

-Game Room

Join your neighbors for a weekly session of Rummikub in the Game Room in the Lounge. This tile based game that is a is easy and fun, even for beginners! You can build off your opponent's tiles, use your noggin to score points!



**New Day & Time!
Bingo**

Wednesdays

at 1:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Only \$.75 to play!



**Hearing Aid Clinic
With Jim Goodman
Wednesday, February 18
at 3:00p.m.**

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns Please sign up for a time slot in the Activity Book.



**Qigong
Thursdays**

at 9:30 a.m.

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation, and visualization, which are employed to enhance the mind-body connection and assist healing, Join instructor Roberta Roth during this quiet exercise time.



Needle Arts

Thursday, February 12 & 26

at 1:30 p.m.

-Lower Level

Needle Arts is not just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands and with the company of a needle or two. Knitting, embroidery, crochet, needlepoint, quilting, and mending. All are welcome.



Mahjong

Thursday, February 5 & 26

at 2:30 p.m.

-Billiard Room

Come to the Billiard Room to try something new, McKenzie will be teaching the Chinese version of Mahjong. There is no card needed, making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new, please join us.



**Central Synagogue
NY Streaming Service
Saturdays**

at 12:30 p.m.

-Lounge

Join Harriet and Erika in the Lounge if you would like to watch the online service from the Central Synagogue in New York.



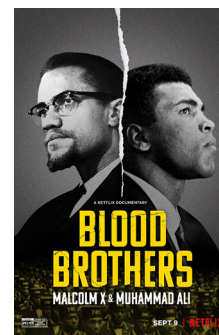
**Play Poker
with Alan
Saturdays**

at 2:30 p.m.

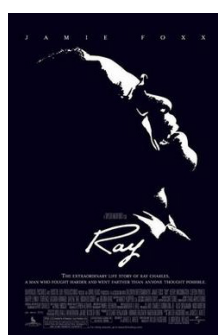
-Billiard Room

Get ready to lose your money or win big! Join Alan for a friendly game of poker. Don't forget to bring your quarters.





The Eugene Hotel will be celebrating Black History Month with our own film festival to celebrate Black stories, culture, and history through cinema, showcasing films by and about people of African descent to educate, inspire, and highlight contributions, resilience, and diverse experiences, often featuring themes from the Civil Rights Movement to contemporary issues. Come check out our collection of movies we're spotlighting all this month.



- The Quiet Room located on the 7th Floor may be used for meditations, prayer or reflective thinking.
- The Eugene Hotel Art Room is located down the hall on the lower level. Just take a right off the elevator then a left after the restrooms.
- Personal shopping carts are stored in the closet next to the elevators for anyone to borrow for groceries or whatever you may need it for.
- The Box Room is located on the Lower Level, where you may recycle sturdy clean boxes for others to reuse.
- The Front Desk sells postage stamps for \$.78 each.
- The 3rd Floor Closet across from Apt #311, stores extra walkers, wheelchair and other items to borrow.
- When going on a trip in our bus, you may ask for a pillow or footstool for your comfort.
- If you ever feel like you could benefit from a tour once you've moved in, just ask! We will be happy to show you around and help you feel even more at home.
- The Billiard Room is on the 2nd Floor for anyone to use.
- The Resident Kitchen on the 2nd Floor is a full kitchen for anyone to use for baking or a family gathering. The sign up list hanging on the fridge is to ensure you have the kitchen all to yourself for whatever you'd like to use. Please remember to cleanup after each use.



Please Welcome New Resident:
Hilda McSwane in Apartment #315