



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

April 2026



OUR POWER, OUR PLANET.

NATIONAL POETRY MONTH SPOTLIGHTS EUGENE HOTEL'S TEA & POETRY CLUB



Submitted by Mel Ingeroi
#974

By Emily Dickinson
The Soul's distinct connection
With immortality
Is best disclosed by Danger
Or quick Calamity—

As Lightning on a Landscape
Exhibits Sheets of Place—
Not yet suspected—but for Flash—
And Click—and Suddenness.

From Sula

By Sue Harris
He fell stonelike
Through the reflective water
As he glided in air
Four eyes rushed together
Ripped shirts blend and disappear
There was no hole shattered by his
presence;
Left by the leaving
What was the change?
Thunder did not rock heads of watchers
But what about that strange empty
feeling
When walking an autumn evening
Perhaps to buy cigarettes or share the
discussable.
Stepping into a space where desolation
only exists
Certainty is gone, limbs
How many walking?
Is this his vacant haunt.

As Time Moves On
By Andrea Jackson

An empty seat at the coffee circle,
A missing cog in a greater wheel,
As time moves on, a life runs out.
This one cog, this one spoke,
This one being in this go around,
Not new, but once remarkable,
Like each of us the glue
That helps to hold the center.
Coffee goes on,
A missing cog,
The chair gets filled,

Liberty

By Jim Weldy
May we be;
with a calm beauty blessed
With quiet countenance
may we receive rest
May we from sunrise to sunset strive
And know we are blessed to be alive
May value life in our very being
In our nurturing; in our seeing
Friends ,family, even strangers
Held from risk; held from dangers.
Led through this tough time!
May we return to a cultural clime
The Statue of Liberty sentiment bore
'I lift my lamp beside the golden door
For the tired, the homeless, for the poor
Give me your tired, your poor, may it be
once more.

Untitled

By Edith Cronk
The door is closing between us
And I can no longer open it
You are lost to me
But I am lost too
I choke up with my grief
It is so hard now as it is so like
Losing mother and yet it is worse
You the love I chose
Is fading and I only have memories
Now to make me smile
and some days
That is not enough

Ain't

By Lillian Tully
You were my Bobby McGee
My Elvis too
Moon & my sun
My sadness, my fun
My thrill on Blueberry Hill
My heart & my soul
The father of my children
My inspiration & motivation
My Christmas star on the tree
The other part of you & me
Every love song ever sung
Every love poem ever written
Love at the first sight that was for sure
Unconditional, complete, and pure
Alas you dumped me
As Fats would say:
"Ain't That a Shame"

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Activities & Special Events

Men's Group

Wednesday, April 1, 15 & 29 at 10:30 a.m.

-Lower Level

The Men's Group, or AKA Lower Level Lizards, meet in the Lower Level to catch up, share insights, like "Dealing with Current Issues."



Monthly Preview

Wednesday, April 1 at 2:30 p.m.

-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all other events for the coming month. Bring your questions and this Newsletter, then join us for this meeting to get all the latest news and a Root Beer Float.



Assistance League of Eugene Presentation

Thursday, April 2 at 1:00 p.m.

-Lounge

Join us for this presentation from the Assistance League of Eugene. Learn about their amazing community work and ways you can help this great local resource. No sign up needed, all are welcome.



Egg Dyeing

Friday, April 3 at 11:30

-Resident Kitchen

Let's get in the Creative Spirit. Join us to dye eggs and make something artistic. All are welcome.



Crafter's Corner: Fascinator Making Hat Decorating

Friday, April 3 at 2:30 p.m.

-Resident Kitchen

Come have fun with flowers, feathers, headbands and hot glue! We will be making fabulous fascinators that you can wear to Easter Brunch, the Derby, and Mother's Day Brunch. All supplies are provided or bring a hat to spruce up.



Donna Brown Memorial

Saturday, April 4 at 1:00 p.m.-3:00 p.m.

-Lounge

Her family invites you to join them in a celebration of Donna's life.



Easter Sunday Brunch

Sunday, April 5 at 11:30 a.m.-1:30 p.m.

-Dining Room

Hop like a bunny down to brunch on this Easter morning. You can wear the fascinator you made. Remember to get your picture with a fuzzy friend in the Lobby.



Mall Walking at Valley River Center

Monday, April 6 at 10:30 a.m.

-Meet in Lobby

Let's get out and get moving! Sometimes it can be difficult to get outside for exercise. The bus will drop us for about an hour at Valley River Center. Use this time to walk at your own pace inside the comfortable mall. Seating is located throughout the mall for you to stop and rest. Sign up in the Activity Book.



Detox Foot Baths w/Katie

Monday, April 6 at 12:00 p.m.

-Lounge

Sometimes the smallest steps can make the biggest difference. With ionic foot baths, warm water and natural ionization help your body release toxins while you simply sit back and relax. Many find their mind clearer, energy-renewed, and body at ease after a session. It is a soothing wellness practice that's easy on the body and lifts the spirit. The cost is \$20 for 20 minutes. Please wear pants that can be pulled up or rolled to mid-calf, since your feet will be in ankle-deep water. Sign up in the Activity Book to reserve your time slot.



Women's Group

Wednesday, April 8 at 10:30 a.m.

-Resident Kitchen

Head to the Resident Kitchen for a cup of tea and a casual round table discussion. A great opportunity to share things about yourself and get to know each other better.



Creative Writing

Wednesday, April 8 at 2:00 p.m.

-Resident Kitchen

Join your fellow residents for some fun writing activities that will wake a tired brain up! You can follow creative prompts provided by Dandelion or write whatever is on your mind freely. Some prompts are independent, some are collaborative, and all will encourage your desire to write!



Hot Oatmeal Bar

Thursday, April 9 at 10:30 a.m.

-Dining Room

Join your neighbors for a hot bowl of oatmeal. Choose from a variety of healthy toppings to complete your order.



Beverages on Broadway

w/Skip Jones

Thursday, April 9 at 3:00 p.m.

-Lobby

Join us for this Skip Jones performance. Enjoy a gin & tonic or other refreshing drink from the bar while you listen to some great music. Always a resident favorite.



Lane County History Museum: History at the Hotel

Saturday, April 11 at 4:00 p.m.

-Lounge

The Lane County History Museum is hosting History at the Hotel on the 2nd Saturday of every month. This month's guest speaker is Ellen Morris Bishop, she will be speaking about indigenous oral histories and their insight into understanding featuring unknown and interesting stories.



Chair Massage

Monday, April 13 & 27 at 12:00-2:00 p.m.

-Exercise Room

Licensed massage therapist Lawerence Roper returns to provide therapeutic massages. Remain fully clothed while sitting in a massage chair enjoying the relaxing benefits of a short or long massage. The cost is \$10 for 10 minutes. Please sign up in the Activity Book to reserve your time slot.



GOLO with Gerry
Monday, April 13
at 1:30 p.m.



-Game Room

Today Gerry would like to share with you one of his favorite games, GOLO! Golo is a fun golf-based dice game that anyone can learn. Golfers and non-golfers alike will find this strategic play enjoyable. Come learn a new game.

Hoppy Sippers
Monday, April 13
at 3:30 p.m.



-Lounge

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. Once again, we will have a variety of beers to sample along with snacks.

Bus to Eugene Library or Kiva Grocery & Deli
Wednesday, April 15
at 12:00 p.m.



-Meet in Lobby

Come along on our monthly bus to the Eugene Public Library. You will be dropped off for an hour so you can browse a wide selection of items and check out everything you want to take home. Or go shopping next door at Kiva Grocery & Deli. Sign up in the Activity Book.

High Tea & Poetry
Thursday, April 16
at 1:00 p.m.



-Resident Kitchen

In the celebration of National Poetry Month, we are having a special high tea to accompany the poetry readings. Bring a favorite poem to share or come to enjoy your neighbor's poetry.

Laughing Yoga
Thursday, April 16
at 3:45p.m.



-Lounge

Come have laughs with Elan to improve your well-being. Practice laughing to boost physical, social, & mental health.

Music Therapy
w/Angela
Friday, April 17
at 1:00 p.m.



-Lounge

Angela will be bringing her vibrant energy to host her dance and music therapy class. This class is fun and flexible to everyone's individual needs.

Sunday Supper Club to the 5th Street Market Eateries
Sunday, April 19
at 4:30 p.m.



-Meet in the Lobby

Join your neighbors for dinner out at Eugene's 5th Street Market eateries per resident request. With choices like, La Estacion, Eugene Burger Company, Thai Spice, and Cafe Glendi. Pick a favorite or try somewhere new. Please sign up in the Activity Book.

Earth Day
Fresh Green Juice & Garden Planting Party
Wednesday, April 22
at 11:30 a.m.



-2nd Floor Patio (BR)

Celebrate Earth Day with a glass of green juice. Pick out all your favorite ingredients from the menu. Then head outside to the Patio and get your hands dirty while transforming the 2nd Floor Patio garden from its winter slumber to a springtime paradise. All supplies will be provided.

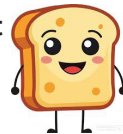
Beverages on Broadway
w/Gus Russell
Thursday, April 23
at 3:00 p.m.



-Lobby

Gus Russell, one of our favorites, is here to entertain us once again. Enjoy a fruity spring drink from the bar while you listen to some great music. Always a resident delighter.

Breakfast Brigade
Elmer's Family Restaurant
Friday, April 24
at 8:30 a.m.



-Meet in Lobby

Join Karen on this breakfast adventure to Elmer's. They offer all the usual breakfast favorites along with homestyle dishes. Please sign up in the Activity Book.

Yogurt Bowls
Tuesday, April 28
at 10:30 a.m.



-Dining Room

Come to the Dining Room to enjoy a delicious bowl of yogurt topped just the way you like it. Pick your favorite flavor of yogurt and choose from all the different goodies McKenzie has to choose from.

Soul Food Social
Thursday, April 30
at 12:30 p.m.



-Lounge

Come to the Lounge and join fellow residents for a light lunch and good conversation. This month McKenzie will be delivering a wonderful dish for all of us to enjoy. No sign up, everyone is welcome.

April Trips

Lunch at Gratitude Brewing & Visit Maude Kerns Art Center
Tuesday, April 7



at 12:00 p.m.

-Meet in Lobby

We'll start with a lunch stop at Gratitude Brewery for some pub grub like their flatbreads, burger or salad. Then take in some extra culture with this visit to the Maude Kerns Art Center and check out the current exhibits: "Witness: Earth & Sky" & "Consume & Dispose". Please sign up in the Activity Book.

Cool Cow 3D Print Shop
w/Snack at Great Harvest
Tuesday, April 14
at 12:00 p.m.



-Meet in Lobby

Do you know what 3D Printing is? Even if you would still enjoy today's trip to Cool Cow 3D Print Shop on Willamette Street. Both Tyler & Noah are very knowledgeable and look forward to sharing their craft with us. After the tour we will stop at Great Harvest for a goodie. Please sign up in the Activity Book.

An Evening at Jordan Schnitzer Art Museum
Wednesday, April 15



at 6:00 p.m.

-Meet in Lobby

Spend the evening visiting our local Jordan Schnitzer Art Museum. Tour the recent exhibits: Gateway to Himalayan Art, Fluid Continuity: Rethinking Korean Art in the Contemporary Age, Power and Performance: Impressions of Chinese Secular & Religious Art & Customs, Dark Laughter Revisited: The Life and Times of Ollie Harrington, Looking Back: Diane Arbus, 1956-1970. Sign up in the Activity Book.

**Hendricks Park Walk
& Ice Cream at Prince Puckler's
Or Sweet Life**

Tuesday, April 21

At 12:30 p.m.

-Meet in Lobby

Spring is here! Take a walk through the oldest city park in Eugene. Tour the 80 acres of rhododendrons, camellias, and so many more plants and trees over 200 years old. You can stroll the trails or just sit and take in nature. After the park, we will stop for a sweet treat at Prince Puckler's Ice Cream or Sweet Life. Sign up in the Activity Book.



Mormon Temple Tour

Tuesday, April 28

at 12:00 p.m.

-Meet in Lobby

Take a tour of the new Mormon Temple being built in Springfield. This open house is a unique opportunity for everyone to tour this sacred temple before it's dedication and enjoy the beautiful grounds. Please sign up in the Activity Book.



**Eugene Emeralds
Baseball Game**

at PK Park

Wednesday, April 29

at 10:30 a.m.

-Meet in Lobby

Spend the day at the baseball park. Watch the Emeralds play the Spokane Indians at a special afternoon weekday game for \$5 a ticket. Please sign up and pay at the Front Desk by April 15th.



Weekly Events

**Exercise Class
with Erica or Phylli**

**Mondays, Wednesdays, Fridays
at 9:00 a.m.**

-Exercise Room

Join Phylli on Mondays and Fridays and Erica on Wednesdays for a fun and stimulating hour of movement to enhance your ability to maneuver in your day-to-day lives. Classes are in the Exercise Room at 9:00 a.m. sharp. Everybody is welcome.



**Eugene Hotel
Bridge Players
Mondays**

at 12:30 p.m.

-Billiard Room

Do you play bridge? Come to the Billiard Room Mondays at 12:30 to exercise your brain and have fun with others who enjoy playing bridge.



**Rummikub
Mondays**

at 6:15 p.m.

-Billiard Room

Join your neighbors for a weekly session of Rummikub in the Game Room in the Lounge. This tile based game that is a is easy and fun. You can build off your opponent's tiles, use your noggin to score points!



Bingo

Wednesdays

at 1:00 p.m.

-Game Room

Come join your neighbors every Wednesday afternoon in the Game Room for Bingo. Only \$.75 to play!



Poker

Wednesdays

at 2:30 p.m.

-Billiard Room

Get ready to lose your money or win big! Join Rudy for a friendly game of poker. Don't forget to bring your quarters.



**Card Bingo
Wednesdays
at 6:30 p.m.**

-Game Room

Join Edwena for Card Bingo, a different version of the classic game. Card Bingo is played with tables of four and one caller. The first nine games are \$0.10 each, and the final game is \$0.25. Please sign up in the Activity Book.



**Hearing Aid Clinic
With Jim Goodman
Wednesday, April 15
at 3:00p.m.**

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing-aid related questions or concerns Please sign up for a time slot in the Activity Book.



**Qigong
Thursdays
at 9:30 a.m.**

-Lounge

Qigong is the skill of attracting vital energy and self-healing. It combines movement, meditation, and visualization, which are employed to enhance the mind-body connection and assist healing, Join instructor Roberta Roth during this quiet exercise time.



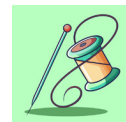
**Needle
Arts**

Thursday, April 9 & 23

at 1:30 p.m.

-Lower Level

Needle Arts is not just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands and with the company of a needle or two. Knitting, embroidery, crochet, needlepoint, quilting, and mending. All are welcome.



Mahjong

Thursday, April 16 & 30

at 2:30 p.m.

-Billiard Room

Come to the Billiard Room to try something new, Mckenzie will be teaching the Chinese version of Mahjong. There is no card needed, making it easier to learn and more like a card game. If you enjoy playing games and are interested in learning something new, please join us.



Evening Films

**All Month Are by
Resident Request Only**

Thursday-Sunday

at 6:30

-Lounge

Watch all the movies you and your neighbors requested.



**Central Synagogue
NY Streaming Service
Saturdays**

at 12:30 p.m.

-Lounge

Join Harriet and Erika in the Lounge if you would like to watch the online service from the Central Synagogue in New York.



Poetry Spotlight Continued...

Certainty - By Anonymous

It's another rug pulled from underneath,
Another thing I'm doing wrong
Another week remembering
What I knew all along
The split between this,
And what will happen
The ease of staring into the chasm
Rhythm to head, heart flutter,
Hummingbird,
A chrysalis of what you said
To wrap myself up
A cocoon of the fed



****A Note for April****

There will be no Resident Birthday Lunch this month due to only one April resident birthday. We will be adding the April celebration to May's Resident Birthday Lunch celebration.

Making a Difference in Oregon...

Have you heard about the company in Oregon that collects trash from the beach and turns it in to art?

Meet.. **Washed Ashore: Art to Save the Sea**



"When the ocean gives you plastic, make animals" is the guiding philosophy of Washed Ashore, a non-profit organization. They transform marine debris including toothbrushes, bottles, and flip-flops into large-scale, realistic sculptures of sea creatures. These sculptures raise awareness about ocean pollution by displaying endangered creatures made from the very trash harming them.

Key Aspects of the Project:

- **Impactful Art:** Washed Ashore has created over 85 sculptures that travel to zoos, aquariums, and museums to educate the public on the damage of ocean plastics.
- **Message:** The aim is to bridge the gap between people and the ocean by showing that animals are drowning in our waste, often mistaking plastic for food.
- **Actionable Change:** The project encourages viewers to reduce single-use plastic consumption and to recycle to prevent further pollution.

This artistic approach turns the waste problem into an engaging, visual solution, making it clear that plastics are harmful to both animals and the ecosystem

**New York Times article: <https://www.nytimes.com/2020/03/09/arts/design/ocean-plastic-sculpture.html>

***For more information:

Washed Ashore 250 1st Street SW, Bandon, OR 97411

<https://www.washedashore.org/>



Please Welcome New Residents:

Rudy Wilson, Apt# 606

Wayne & Rita Kingsbury, Apt# 301

Joe Henderson, Apt# #614

John Siekert Apt #512