



The Eugene Hotel View

Monthly Newsletter of Eugene's Premier Retirement Community

July 2026



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Vacation Photos

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VACATION PHOTOS OF THE EUGENE HOTEL



1.) Bruce & Edith in Oahu, HI



2.) Dilya & Vlad in Crimea on a Black Sea Beach



3.) Bob T. in Mexico



4.) Rachel at the Great Wall of China



5.) Sylvia H. on family vacation



6.) Lilly T chalk portrait from New Orleans Trip



7.) Beth W. in Omaha



8.) Barbara H. in Egypt



9.) Bob L. on a Cruise



10.) Carol Martin on cruise in St. Thomas



11.) Jim W. in Scotland



12.) Shirley G. in Lake Tahoe

Activities & Special Events

Men's Group
Wednesday, July 1, 15, & 29
at 10:30 a.m.

-Lower Level

The Men's Group, or AKA Lower Level Lizards, meet in the Lower Level to catch up, share insights like this month's "The Art of Manliness", "Do we Need Science?", "Surviving Heat".

Monthly Preview
Wednesday, July 1
at 2:30 p.m.

-Lounge

Join us in the Lounge as we come together to discuss updates, food service, and all other events for the coming month. Bring your questions and this Newsletter, then join us for this meeting to get all the latest news.

Fresh Green Juice
Thursday, July 2
at 11:30 a.m.

-Dining Room

Start your day out right with a tall glass of green juice. Pick out all your favorite ingredients from the menu and leave the rest to McKenzie.

Yoga Ball Drumming
Thursday, July 2
at 1:30 p.m.

Join your neighbors for a hotel favorite, Yoga Ball Drumming. Claudia and Lisa from Octopus Rhythm Works bring everything we need for the drum circle. Research shows that active involvement with music and drumming provides neurological benefits and helps reactivate memories. You don't want to miss this event! Sign up in the Activity Book so you're sure to have a seat.

1st Friday Art Walk
Friday, July 3
at 6:15 p.m.

-Meet in Lobby

Meet in the Lobby for a fun evening of a downtown stroll and local art. We will visit a few of the many galleries and art spaces right in our neighborhood. Bring a sweater and wear your walking shoes for this wonderful way to spend Friday night. Please sign up in the Activity Book.

4th of July BBQ Buffet
Saturday, July 4
at 4:30 p.m.

-Dining Room

Before heading out to see the fireworks, come celebrate Independence Day with a generous selection of BBQ favorites, delicious sides, and all the trimmings from Chef Ricky. Be sure to come hungry! Happy 250th Birthday America!!

Salad Social
Monday, July 6
at 12:30 p.m.

-Lounge

Come to the Lounge and join fellow residents for a light lunch and good conversation. This month McKenzie will be serving a build-your-own taco salad. No sign up needed, everyone is welcome.

Beat the Heat Matinee Presents:
Casablanca
Tuesday, July 7
at 1:00 p.m.

-Lounge

It's summer, let's beat the heat & stay inside. Come to the Lounge for a special matinee showing of a classic and a bag of popcorn. All are welcome.

Women's Group
Wednesday, July 8
at 10:30 a.m.

-Resident Kitchen

Head to the Resident Kitchen for a cup of tea and a casual round table discussion. A great opportunity to share things about yourself and get to know each other better.

Mall Walking at Valley River Center
Wednesday, July 8
at 12:00 p.m.

-Meet in Lobby

Let's get out and get moving! With the weather being unpredictable, it can be difficult to get outside for exercise. The bus will drop us for about an hour at Valley River Center. Use this time to walk at your own pace inside the comfortable mall. Seating is located throughout the mall for you to stop and rest. Sign up in the Activity Book.

Creative Writing
Wednesday, July 8
at 2:00 p.m.

-Resident Kitchen

Join your fellow residents for some fun writing activities that will wake a tired brain up! You can follow creative prompts provided by Dandelion or write whatever is on your mind freely. Some prompts are independent, some are collaborative, and all will encourage your desire to write!

Beverages on Broadway
w/Gus Russell
Thursday, July 10
at 3:00 p.m.

-Lobby

Gus Russell, one of our favorites, is here to entertain us once again. Today we will be celebrating National Iced Tea Day with a delicious selection of iced teas. Try a Thai Iced Tea or taste the difference in an Arnold Palmer and a John Daly. Whatever you choose will pair perfectly with the great music.

Gwen Curran's Celebration of Life
Saturday, July 11
at 3:00 p.m.

-Lounge

Her family invites you to join them to celebrate Gwen's life.

The Shedd Presents: Brigadoon
Sunday, July 12
at 3:00 p.m.

-Meet in Lobby

Come with us to a Eugene Hotel Sponsored production of Brigadoon. A fine example of the era's ability to work out life's thorniest issues through flights of fancy and with a refreshing dose of good-humor, join de vivre, and old-fashioned ethics. Add wonderful music by Lerner & Loewe with heartwarming songs and the results are magical. Sign up at the Front Desk for tickets.

Yogurt Bar
Tuesday, July 13
at 11:30 a.m.

-Dining Room

Come to the Dining Room to enjoy a delicious bowl of yogurt topped just the way you like it. Pick your favorite flavor of yogurt and choose from all the different goodies McKenzie has to choose from.

Chair Massage
Monday, July 13 & 27
at 12:00-2:00 p.m.

-Exercise Room

Licensed massage therapist Lawrence Roper returns to provide therapeutic massages. Remain fully clothed while sitting in a massage chair enjoying the relaxing benefits of a short or long massage. The cost is \$10 for 10 minutes. Please sign up in the Activity Book to reserve your time slot.

Music Bingo w/Lucas & Soda Floats
Thursday, July 13
at 2:30 p.m.

-Lounge

Come to the Lounge for a lively game of music bingo! Lucas will setup the themes and lead the game where anyone can win one of our fabulous prizes. To accompany this fun afternoon McKenzie will be serving Soda Floats. All are encouraged to join in the fun.

Bus to Eugene Library &/or Kiva Grocery & Deli
Wednesday, July 15
at 12:00 p.m.

-Meet in Lobby

Join our monthly bus to the Eugene Public Library. You will be dropped off for an hour so you can browse a wide selection of items and check out everything you want to take home. Or go shopping next door at Kiva Grocery & Deli. Sign up in the Activity Book.

Tea & Poetry
Thursday, July 16
at 1:00 p.m.

-Resident Kitchen

If you enjoy listening to poetry or writing it, we hope you'll join us for an hour of delightful verse and tea. Participants are welcome to bring a favorite poem or one they have written. All are welcome.

Crafting
w/Oliver
Sunday, July 19
at 2:00 pm

-Resident Kitchen

Join us and have some fun doing this month's craft with Oliver. All supplies will be provided. No need to sign up, all are welcome. See you there!

Lane County Fair
Senior Day (\$4)
Thursday, July 23
at 10:30 a.m.

-Meet in Lobby

The Lane County Fair is back! Get your senior rate of \$4 admission and a Senior Social of dessert/ice cream in the Auditorium at 11 a.m. The bus will drop you off and be back to pick you up at 1 p.m. The fair has a clear bag policy, so bring one if you have it or we can provide you with a clear Ziplock bag. Please sign up in the Activity Book.

Sunday Supper Club to Cornucopia
Sunday, July 26
at 4:30 p.m.

-Meet in the Lobby

Join your neighbors and McKenzie for dinner out at resident requested Cornucopia. Have a favorite, house specialty, or try something new. Please sign up in the Activity Book.

Hoppy Sippers
Monday, July 27
at 3:30 p.m.

-Lounge

Join McKenzie and your fellow beer drinkers to explore the wonderful world of beer. This month we will be sampling a variety of Summertime Sippers. All are welcome.

Resident Birthday Lunch
Thursday, July 30
at 12:00 p.m.

-Dining Room

Those residents born in July are invited to lunch in their honor. Come and enjoy a delightful lunch prepared by Chef Ricky and spend time with your fellow neighbors who share your same birthday month.

Breakfast Brigade to IHOP @Gateway
Friday, July 31
at 8:30 a.m.

-Meet in Lobby

Join us on this breakfast adventure to the resident requested IHOP: International House of Pancakes at Gateway. They offer all the usual breakfast favorites along with home-style dishes. Sign up in the Activity Book.

July Trips

Picking Blueberries at Blueberry Patch Farms in Leaburg
Tuesday, July 7
at 9:00 a.m.

-Meet in Lobby

It's blueberry season so hop on the bus for a berry good time! We'll take a beautiful drive east to Leaburg where we will pick all the blueberries you can at \$2.50 per pound. Be sure to eat breakfast since we will be picking blueberries before heading home to beat the heat. Please sign up in the Activity Book.

McKenzie River Lavender Festival
Friday, July 10
at 9:30 a.m.

-Meet in Lobby

Join us on the bus to this year's Lavender Bloom in the beautiful lavender fields just a few miles east of Springfield on the McKenzie River. Where you can out the local artisans, live music, food trucks, lavender plants, u-pick lavender and other lavender products to try and purchase. We are leaving early to beat the heat. Please sign up in the Activity Book.

Visit Maude Kerns Art Center & Ice Cream at Prince Puckler's
Tuesday, July 14
at 11:00 a.m.

-Meet in Lobby

Come along to take in some extra culture with this visit to the Maude Kerns Art Center and check out the current exhibits: "Piecing It Together: A Regional Collage Exhibit". The exhibit features the work of 69 artists from four states and celebrates the versatile and inventive art of collage. By juxtaposing and layering images, playing with multiple perspectives, and exploring a diversity of mediums, the selected artists create striking and often surprising visual statements. Then we'll head over to Prince Puckler's to cool down with some ice cream. Remember that Sundae Specials are available on Tuesdays for \$5. Please sign up in the Activity Book.

**Salt Creek Falls w/Lunch at A&W
Tuesday, July 21
at 9:30 a.m.**

-Meet in Lobby

We'll be on the bus and will head through the Cascade mountains to Oakridge. We will continue through the beautiful landscape to Salt Creek Falls. The breathtaking 286-foot drop plunges into Salt Creek Falls. Take in the fresh mountain air, sunshine and gorgeous views or walk along paved paths around the canyon rim. Then for lunch go to A&W for burgers, fries, chili dogs, root beer floats & more. Please sign up in the Activity Book.

**Mercer Lake Pontoon Boat Ride
& Picnic Lunch
(\$22 = Ride & Lunch)**

**Tuesday, July 28
at 9:30 a.m.**

-Meet in Lobby

We will be spending the day on the lake! Slightly north of Florence is lovely Mercer Lake & Resort where we will enjoy a picnic lunch on our very own pontoon boat. We will cruise around the lake to take in sights and wildlife. Be sure to bring light jacket, hat, sunscreen, and binoculars. Please sign up in the Activity Book. Pontoon seats are limited. \$22 fee includes the boat ride and picnic lunch, please be sure to pay the Front Desk by Tuesday, July 21st.

Weekly Events

**Exercise Class with Erica or Phylli
Mondays, Wednesdays, Fridays
at 9:00 a.m.**

-Exercise Room

Join Phylli on Mondays & Fridays and Erica on Wednesdays for a stimulating hour of movement to enhance your ability to maneuver in your day. Classes start at 9:00 a.m. sharp. Everybody is welcome.

**Eugene Hotel
Bridge Players
Mondays
at 12:30 p.m.**

-Billiard Room (Group Run)

Do you play bridge? Come to the Billiard Room Mondays at 12:30 to exercise your brain and have fun with others who enjoy playing bridge.

**Rummikub
Mondays
at 6:15 p.m.**

-Billard Room (w/Linda Sage)

Join your neighbors for a weekly session of the tile based game in the Billiard Room in the Lounge. All are welcome.

**Bingo
Wednesdays
at 1:00 p.m.**

-Game Room

Come join Bre every Wednesday afternoon in the Game Room for Bingo. Only \$.75 to play!

**Poker
Wednesdays & Saturdays
at 2:30 p.m.**

-Billiard Room (w/Rudy Wilson)

Get ready to lose your money or win big! Join Rudy for a friendly game of poker. Don't forget to bring your quarters.

**Hearing Aid Clinic With Jim
Wednesday, July 15
at 3:00p.m.**

-Library

Jim from Goodman Hearing will be in the Library on the Lower Level the third Wednesday of every month. Bring him any hearing aid related questions or concerns Please sign up for a time slot in the Activity Book.

**Card Bingo
Wednesdays
at 6:15 p.m.**

-Game Room (w/Edwena Matychuck)

Join Edwena for Card Bingo, a different version of the classic game. It's played with tables of four and one caller. The first nine games are \$0.10 each, and the final game is \$0.25. Please sign up in the Activity Book.

**Qigong
Thursdays
at 9:30 a.m.**

-Lounge

Join your neighbors on a journey into mindfulness. Qigong is the skill of attracting vital energy & self-healing. It combines movement, meditation, & visualization, which are employed to enhance the mind-body connection & assist healing. Join instructor Roberta Roth during this quiet exercise time.

**Needle Arts
Thursday, June 11 & 25
at 1:30 p.m.**

-Lower Level (Group Run)

Needle Arts is not just knitting! Bring your project to the Lower Level and join others that enjoy working with their hands and with the company of a needle or two. Knitting, embroidery, crochet, needlepoint, quilting, and mending. All are welcome.

**Mahjong
Thursday, July 9
at 2:00 p.m.**

-Billiard Room

If you enjoy playing games and are interested in learning something new, please join us for a friendly game of Mahjong. Oliver will be hosting the game on the 9th and McKenzie will be hosting on the 30th.

**Laughter Yoga
Thursday, July 9 & 23
at 3:45p.m.**

-Lounge

Come have laughs with Elan to improve your well-being. Practice laughing to boost physical, social, & mental health.

**Central Synagogue
NY Streaming Service
Saturdays
at 12:30 p.m.**

-Lounge

Come to the Lounge if you would like to watch the online service from the Central Synagogue in New York.

**Evening Films All Month Are by
Resident Request Only
Thursday-Sunday
at 6:30 p.m.**

-Lounge

Watch all the movies you and your neighbors requested. In July we will be showing movies that fit into a different theme for each night.

**Thursday's Theme = Western Films
Friday's Theme = Romance Films
Saturday's Theme = Musical Films
Sunday's Theme = Animated Films**

Resident Facilitated Activity

These are activities run by a fellow resident or group of residents. Times, dates, and locations are all organized by the resident facilitator listed. Please see the designated coordinator for information on their activity.

**EUGENE HOTEL SIDEWALK SALE
NEXT MONTH
SATURDAY, AUGUST 1ST
AT 9 A.M.-3 P.M.**

Sign up at the front desk to reserve your table for our annual sidewalk sale. Then begin to empty out your storage unit or the boxes in your closet that were never unpacked! The sidewalk in front of the Hotel will be lined with great “treasures” from our residents and staff. The staff will be happy to help you set up your wares. If you have nothing to sell, then come and shop!



Please Welcome New Residents:

- Bonnie Rineer
Apt# 315, Move-In 6/8/26
- Sherry Hill
Apt# 714, Move-In 6/23/26
- Jean Taylor
Apt# 703, Move-In 7/1/26
- Chris & Cheryl Bendickson
Apt# 507, Move-In 7/21/26



DOWNTOWN EUGENE FARMERS MARKET

every Saturday from 10a.m.-4p.m.

Providing locally grown foods from over hundreds of farmers, talented artisans, food vendors, and live entertainment on the Park Blocks in downtown Eugene, Oregon, every Saturday mid-January to mid-December.

Farmer’s Market Pavilion @8th & Oak

SPRINGFIELD FARMERS MARKET

every Sunday from 9a.m.-2p.m.

A vibrant weekly event with over 40 local farms and food artisans. It runs every Sunday from June through October. Springfield Public Library parking lot @225 Fifth Street.



From Memorial Day through Labor Day, 5th Street Public Market comes alive every weekend with the 2026 Summer Series: sixteen free, family-friendly weekends of live music, family movies, and themed events celebrating everything that makes our market a Eugene tradition. Browse the shops, meet the makers, grab a bite, and stay for the show. New theme, new performers, new reasons to visit each week. See what’s on the calendar below.

Week 7: The Freedom to Run (July 4th-5th)

Happy Fourth! Celebrate the holiday weekend with active fun around Eugene’s iconic Butte to Butte walk and run, plus a full lineup of summer activities and entertainment at 5th Street Public Market for everyone to enjoy.

Week 8: 5th Street Market Sidewalk Sale (July 11th-12th)

Shop the 5th Street Sidewalk Sale this weekend and enjoy unbeatable deals from your favorite local businesses. Soak up the sunshine, savor great food, and spend the day exploring with friends in the lively summer atmosphere at the Market.

Week 9: Market Fest (July 18th-19th)

Market Fest is back at 5th Street Public Market—our annual community favorite filled with nonstop summer fun. Enjoy a lively weekend of local vendors, live performers, delicious food, kids’ activities, and support for a featured nonprofit partner. With something for everyone, it’s the one summer event you won’t want to miss.

Week 10: Oregon Authors (July 25th-26th)

Celebrate Oregon Authors Weekend at 5th Street and experience local literary talent, creativity, and community. Immerse yourself in book readings, signings, and sales from Oregon writers, along with curated food pairings, kid’s storytelling and hands-on junk journal making with a special matinee screening to close the weekend.

***For more info go to: <https://www.5stmarket.com/2026-summer-series>